

Match with the correct word:

|      |         |           |         |         |
|------|---------|-----------|---------|---------|
| show | admire  | encourage | affirm  | allow   |
| help | support | fulfil    | protect | provide |

1. Friends ----- our emotional needs in everyday life.
2. They ----- our value by showing care and respect.
3. They ----- kindness through their actions.
4. They ----- our talents and achievements.
5. They ----- us to be confident and positive.
6. They ----- us during difficult times.
7. Friends ----- a sense of security and comfort.
8. They ----- us from feeling alone or hurt.
9. They ----- us to be ourselves without fear.
10. They ----- us grow and improve.