

1B Are you finding it difficult?

1 GRAMMAR Questions

a Underline the correct words to complete the conversation.

FABIO Hi, there. ¹ You have / Have you got five minutes?

GABRIELLA Sure, ² what / what did you want to talk to me about?

FABIO Well, I'm doing a triathlon next month. ³ Didn't / Weren't you read my post?

GABRIELLA No, I haven't seen it. A triathlon, wow! ⁴ What for? / For what? It sounds really tough!

FABIO It's not easy, yeah, swimming, cycling, then running.

GABRIELLA ⁵ What / Which of those is the most difficult?

FABIO All of them! Er, ⁶ weren't / didn't you a good swimmer once?

GABRIELLA Yeah, once. What are you looking at me like ⁷ that for / for that?

FABIO Do you think ⁸ could you / you could coach me?

GABRIELLA I don't know ⁹ whether / what I've got enough time. ¹⁰ Can / Shall I think about it and phone you later?

FABIO No problem. That's great, I'll swim a lot faster with your help.

GABRIELLA Who ¹¹ knows / does know? You might win!

b  13 Listen and check.

c Put the words in the correct order to make questions.

1 a / want / do / marathon / to / you / run ?
Do you want to run a marathon?

2 to / this / going / is / do / why / she ?

3 the / register / who / competition / need to / for / doesn't ?

4 giving / why / our / aren't / tickets / they / us ?

5 of / which / to do / would you / the challenges / like ?

6 have / ever done / the most / you / difficult / what is / thing ?

7 for / did / hard training / what / this / we do / all ?

8 the / happened / of / what / at / end / the game ?

9 have / think we / of / a chance / you / do / winning ?

10 who / your / website / designed ?

2 VOCABULARY Trying and succeeding

a Complete the sentences with the phrases in the box. There is one extra phrase you do not need.

succeed in give up keep to keep it up
manage to try out work-out



1 Sandra likes to work out at the gym in her lunch break.



2 Simon wants to _____ a new recipe for lemon cake.



3 We really need to _____ fast food.



4 Charlie's kids told him to _____.



5 The Smiths didn't _____ assemble their kitchen table.



6 It won't be easy to _____ this diet.

b Complete the sentences with the phrases in the box.

give up have a go keep to keep it up make an effort
manage to successfully complete try out work out

- I'd like to have a go at snowboarding, but I'm afraid of falling and breaking something.
- To _____, the course, you need to pass all four modules.
- If you _____ this training programme, you'll get back in shape very quickly.
- I play tennis on Saturdays and I also _____ once or twice a week in a local gym.
- My car is in the garage and I don't know if they will _____ repair it by Monday.
- Fred went sailing with me twice and he's terrible at it, but he doesn't want to _____.
- Your writing has improved a lot this semester so _____.
- Would you like to _____ the new version of the software, sir?
- I know Jade isn't interested in the project, but she could at least _____ to get involved.