Name: _____

Nutrition Terms

Y	S	C	B	I	S	T	V	P	K	X	T	D	V	N	O	I	T	I	R	T	U	N
D	E	T	W	D	B	B	G	K	B	U	B	R	T	B	P	H	E	A	L	T	H	E
S	S	E	S	A	F	D	N	L	J	U	H	F	G	V	Z	V	M	K	L	N	H	W
U	I	I	H	S	X	I	I	J	N	M	L	Y	B	T	T	D	X	F	C	O	T	F
N	C	D	D	X	R	I	N	V	E	D	N	A	N	Q	V	O	U	V	I	I	L	N
N	R	O	I	P	S	E	N	O	I	T	I	R	T	U	N	R	E	V	O	T	A	U
Y	E	V	B	Z	B	V	K	T	E	I	D	D	E	C	N	A	L	A	B	I	E	T
Y	X	B	Y	B	H	T	L	A	E	H	L	A	C	I	S	Y	H	P	A	R	H	R
I	E	M	G	K	I	X	L	M	E	N	T	A	L	H	E	A	L	T	H	T	L	I
M	U	L	T	I	M	I	X	P	R	I	N	C	I	P	L	E	D	V	Y	U	A	E
T	G	K	U	U	F	O	O	D	G	R	O	U	P	Y	P	W	O	M	T	N	I	N
M	H	J	Y	M	L	Q	K	C	D	Q	V	Z	I	V	Z	L	O	K	Q	R	C	T
G	P	H	Y	S	I	C	A	L	A	C	T	I	V	I	T	Y	F	A	P	E	O	S
M	A	L	N	U	T	R	I	T	I	O	N	H	G	E	M	W	H	W	U	D	S	A
K	C	K	G	D	A	O	V	U	S	P	E	C	I	A	L	D	I	E	T	N	H	F
P	P	H	Y	S	I	C	A	L	F	I	T	N	E	S	S	E	M	Q	P	U	B	Z

Find the following words in the puzzle.
Words are hidden ↑, ↓, →, ←, and ↘.

MULTIMIX PRINCIPLE
PHYSICAL ACTIVITY
PHYSICAL FITNESS
UNDERNUTRITION
PHYSICAL HEALTH
OVERNUTRITION
MALNUTRITION

BALANCED DIET
SOCIAL HEALTH
MENTAL HEALTH
SPECIAL DIET
NUTRITION
NUTRIENTS
FOOD GROUP

EXERCISE
HEALTH
FOOD
DIET

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SOLUTION

Nutrition Terms

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.	E	.	.	.	.	.	.	T	E	I	D	D	E	C	N	A	L	A	B	I	E	T
.	X	.	.	.	H	T	L	A	E	H	L	A	C	I	S	Y	H	P	.	R	H	R
.	E	.	.	.	.	.	.	M	E	N	T	A	L	H	E	A	L	T	H	T	L	I
M	U	L	T	I	M	I	X	P	R	I	N	C	I	P	L	E	D	.	.	U	A	E
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.	P	H	Y	S	I	C	A	L	A	C	T	I	V	I	T	Y	F	.	.	E	O	S
M	A	L	N	U	T	R	I	T	I	O	N	.	.	.	.	.	.	.	.	D	S	.
.	.	.	.	.	.	.	.	.	.	S	P	E	C	I	A	L	D	I	E	T	N	.
.	P	H	Y	S	I	C	A	L	F	I	T	N	E	S	S	.	.	.	.	U	.	.

Word directions and start points are formatted: (Direction, X, Y)

MULTIMIX PRINCIPLE (W,22,7)
PHYSICAL ACTIVITY (W,17,10)
PHYSICAL FITNESS (W,22,6)
UNDERNUTRITION (W,17,12)
PHYSICAL HEALTH (E,2,14)
OVERNUTRITION (W,15,11)
MALNUTRITION (E,1,3)

BALANCED DIET (S,1,4)
SOCIAL HEALTH (W,20,15)
MENTAL HEALTH (W,13,9)
SPECIAL DIET (W,21,4)
NUTRITION (E,7,13)
NUTRIENTS (E,3,16)
FOOD GROUP (W,21,16)

EXERCISE (N,23,13)
HEALTH (W,14,2)
FOOD (E,1,1)
DIET (SE,7,2)

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PUZZLE INFO

Nutrition Terms

This worksheet was created with the Word Search Generator on Super Teacher Worksheets (www.superteacherworksheets.com).

Puzzle Word List:

FOOD	NUTRITION	NUTRIENTS
OVERNUTRITION	MALNUTRITION	UNDERNUTRITION
DIET	SPECIAL DIET	BALANCED DIET
FOOD GROUP	HEALTH	PHYSICAL HEALTH
PHYSICAL ACTIVITY	SOCIAL HEALTH	MENTAL HEALTH
PHYSICAL FITNESS	EXERCISE	MULTIMIX PRINCIPLE

Puzzle Title: Nutrition Terms

Created By: Mrs. Lizama

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Teacher: Single Teacher

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