

C. Read the paragraph and choose the best answer (A,B,or C)

Most American school menus are much more extensive than burgers and French _____(1). Most high schools _____(2) at least three separate choices: a traditional meal, which changes daily, consisting of roast _____(3), mashed potatoes, apple sauce, etc. The second choice is a “fast _____(4)” option, where you stand in line and get a _____(5) with a cheeseburger and French fries. The third choice is usually a rotating schedule with a potato _____(6), the taco salad bar (lots of fatty toppings), and various deli sandwiches. Needless to say, few choose the first option, as it is not considered “cool”.

| | | | |
|----|-----------|-----------|------------|
| 1. | a) crisps | b) fries | c) chips |
| 2. | a) offer | b) offers | c) offered |
| 3. | a) sheep | b) calf | c) beef |
| 4. | a) food | b) meal | c) course |
| 5. | a) jug | b) bar | c) bag |
| 6. | a) bar | b) loaf | c) kilo |

E. Choose the correct option:

1. There isn't **some** / **any** bread.
2. Dan is cooking **some** / **any** vegetables.
3. Are there **some** / **any** eggs for breakfast?
4. I don't want **any** / **some** blueberries.
5. Is there **some** / **any** chocolate milk?

F. Complete the questions with *How many* / *How much*.

1. _____(cola) do you drink?
2. _____(hamburger) do you have?
3. _____ (doughnut) do you eat?
4. _____(sweet) did you eat yesterday?
5. _____(yoghurt) do you eat a week ?

A. A good diet is central to good health. Which are the best foods to include in your meals and which ones are best avoided? Complete the table now with the words from the box.

| Necessary | Avoided | |
|-----------|---------|---|
| | | fish; butter; rice; doughnuts; potatoes; sweets; chocolate bar; beans; milk; chicken; strawberry sugary drinks; vegetables; crisps; |