

Lvl1-LISTENING WORKSHOP
Daily Routine

A. Fill-in the blanks with the correct words from the box.

likes	get	wakes	loves	watch
weekend	routine	go	has	have

Rebecca: So, Gareth, what's your daily _____(1) like?

Gareth: My routine is actually a little irregular. I _____(2) a different working schedule for each day of the week, but on a _____(3) my son usually _____(4) me up about half-eight, nine o'clock, and after that we _____(5) downstairs, and I _____(6) him some cereal, like he _____(7) at the moment chocolate rice Krispies and he _____(8) a bowl of them and we _____(9) Toy Story. He _____(10) Buzz and Woody.

Rebecca: Every weekend, the same movie?

B. Listen and complete the following blanks with the correct words you hear.

Gareth: Exactly. Again and again and again. Yeah, so we watch it a lot. On _____(1), though, I _____(2) wake up at six a.m. I have to go to work at eight, so I commute on the bus and train and that takes an hour and a half. It takes a long time, and _____(3) I work. I get home about 'sevenish'. I have dinner with my wife. _____(4), if I come home late, she waits and she'll have dinner with me, and _____(5) she'll wait until like nine.

Rebecca: Whoa!

Gareth: Yeah, pretty late! So, it's really nice.

C. Match the phrases (1-6) to complete the sentences as shown in the example.

1	Are you a morning shower person	_____	I've kind of adapted to it, so.
2	Yeah, so actually I think	_____	and I get more done.
3	I work much better in the evening	_____	prefer the evening.
4	In the morning I'm a little bit like a zombie,	<u>1</u>	or a night-time bath, relax person?
5	Waking up so early, as I do,	_____	but these last years, working have kind of trained me to be an early bird.
6	But I much	_____	I'm a kind of night owl.

D. Order the following sentences (1-10) according to what you hear from the record.

- _____ you kind of get reattached to your,
- _____ I usually relax with my family and watch a movie or read a book.
- _____ They're classic children's books from back home and they're great.
- _____ and then take like the bath to calm down to go to bed at night?
- _____ No, actually I prefer showers than baths, but yeah,
- _____ like the things that you did when you were a child, that's great.
- _____ My son's really into Dr. Zeuss books.
- _____ and feel kind of nostalgic about your old activities
- _____ So you would come home from work and eat dinner
- _____ Even for me, like that's the good thing about having kids,

Adapted from: <https://www.ello.org/english/1051/1092-Gareth-Routine.htm>
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