1. Reading

A Busy Day at the School Sports Festival

In the morning, Emma woke up early and put on her watch. She was excited because her school had a big sports day. Students from many classes came to take part in the school tournament. Some students played badminton or cricket, and others joined the dance class or fitness class. Emma was a runner and a swimmer on the school team, and she felt confident about the competition.

At noon, Emma and her friends sat down near a small fountain in the park next to a museum and an art gallery. They ate lunch together: mango, carrots, beans and bread with garlic. The place was cosy and quiet. In the distance they could see a forest and a valley near an old volcano. Emma's teacher showed them a map and explained where the next activities would be.

In the afternoon, Emma watched the climbing and diving competitions. A professional climber and a diver from another school won a prize. Emma also saw a skier, a dancer and a singer performing in a show. A photographer took pictures while a worker prepared a barbecue for the evening celebration.

At night, Emma and her team were tired but happy. They had won the school tournament! Emma said, "We had to train a lot, but we didn't have to worry because we worked together."

2. Reading Comprehension

Choose the correct answer

1. What event is happening at Emma's school?

A) A music concert

B) A sports festival

C) A museum visit

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2. What sports does Emma do on the school team?

A) Runner and swimmer

B) Golfer and skier

C) Dancer and singer

3. Where do Emma and her friends eat lunch?

A) In the classroom

B) Near a fountain in the park

C) In the forest

4. What food do they eat?

A) Mango, carrots and beans

B) Pizza and pasta

C) Fish and chips

5. What happens at the end of the day?

A) Emma goes home early

B) Emma's team wins the tournament

C) The festival stops because of rain

3. Grammar

Complete with must, mustn't, have to, or don't have to

1. Students _____ follow the rules during the tournament.

2. You _____ run on the field when the game finishes.

3. Emma _____ train every week for the school team.

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4. You _____ bring food because the school provides lunch.

5. We _____ be polite to the teachers and players.

4. Word Formation

Add -ER to make the person

1. climb → _____

2. dive → _____

3. run → _____

4. sing → _____

5. work → _____

5. Phrasal Verbs

Match the action

1. wake up _____

2. sit down _____

3. stand up _____

4. pick up _____

5. fill up _____

a) start the day

b) move to your feet

c) put your body on a chair

d) make something full

e) take something from the floor

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6. Irregular Verbs

Write the past form

1. win → _____

2. take → _____

3. swim → _____

4. speak → _____

5. write → _____

7. Writing – Short paragraph (4–5 lines)

Write about your favourite sport or activity. Use at least two of these words: team, tournament, prize, runner, dancer, swimmer, fitness class.

Example starter: In the afternoon I like to...

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