



TEAM TOGETHER 4 - ENGLISH
Homework – Week 9
Unit 6: Staying healthy

Ranking

Student's name: _____ Class: _____ Date: _____

I. Complete the sentences using the words in the box.

fit	healthy	eat a balanced diet	unfit
relax	exercise	eat junk food	unhealthy

Living a balanced lifestyle is essential for our well-being. To stay ¹ _____, it's important to ² _____ regularly and have time to ³ _____. On the other hand, living an ⁴ _____ lifestyle, where you ⁵ _____ instead of making healthy choices, can lead to being ⁶ _____. By choosing to ⁷ _____, you give your body the energy and nutrients it needs to stay ⁸ _____.

II. Fill in the gaps with the correct verbs from the box below (infinitive of purpose).

go	buy	play	learn	help	relax	talk	go	improve	exercise
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1. She went to the store _____ some groceries.
2. I took a day off _____ at home.
3. They called a meeting _____ about the upcoming project.
4. He went to the gym _____ and stay fit.
5. She traveled to France _____ French.
6. We hired a tutor _____ us with our studies.
7. He wakes up early _____ for a run.
8. They saved money _____ on vacation.
9. I bought a new laptop _____ video games.
10. She practiced every day _____ her piano skills.