

Unit 1: Family Life



Family life plays an important role in shaping a teenager's personality and values. In many cultures, especially in Vietnam, the family is considered the foundation of society. A supportive family environment helps children grow emotionally, socially, and academically.

In a typical family, parents work hard to provide food, education, and opportunities for their children. At the same time, children are expected to share responsibilities at home. Doing housework such as washing dishes, cleaning the house, or taking care of younger siblings teaches teenagers discipline and independence. These daily tasks also strengthen family bonds because members cooperate and support one another.

Communication is another key factor in maintaining a happy family. When parents and children talk openly about their feelings, problems can be solved more easily. Teenagers often face stress from school or friendships. If they feel understood and respected at home, they are more confident in dealing with challenges outside the family.

However, modern life sometimes reduces family interaction. Parents may be busy with work, and children may spend too much time on their phones. Therefore, many families try to spend quality time together, such as having dinner, watching movies, or travelling on weekends. These shared experiences create lasting memories and help build stronger relationships.

In conclusion, a loving and cooperative family provides teenagers with security, guidance, and lifelong support.



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PART A: Match the words with their definitions

1.foundation

A. working together with others

2.responsibilities

B. duties or tasks that someone must do

3.discipline

C. the basic support on which something is built

4.interaction

D. self-control and good behavior

5.cooperative

E. communication or activity between people

PART B: Decide if the statement is True or False

1- Family life does not influence a teenager's personality.

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F

2- Doing housework can help teenagers become more independent.

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F

3- Teenagers never experience stress from school.

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4- Communication helps solve family problems.

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F

5- Spending quality time together can strengthen family relationships.

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F

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PART C: Choose the best answer for each question.

1. What is the main idea of the passage?

- A. Teenagers dislike family rules.
- B. Family life is important for teenagers' development.
- C. Parents should not work too much.
- D. Children should not use smartphones.

2. What does doing housework teach teenagers?

- A. Laziness
- B. Independence and discipline
- C. Anger
- D. Competition

3. Why is communication important in a family?

- A. It helps avoid housework.
- B. It makes parents stricter.
- C. It helps solve problems more easily.
- D. It reduces school stress completely.

4. What problem does modern life cause?

- A. Families travel too much.
- B. Parents stay home all day.
- C. Reduced family interaction.
- D. Teenagers study too hard.

4. What can families do to build stronger relationships?

- A. Ignore each other
- B. Spend quality time together
- C. Work separately
- D. Avoid communication



THE END!

