



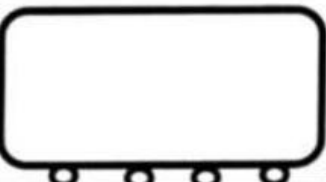
Months of the Year

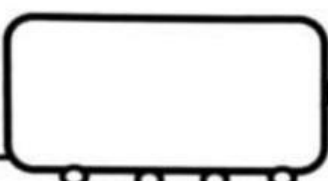
Unscramble the words

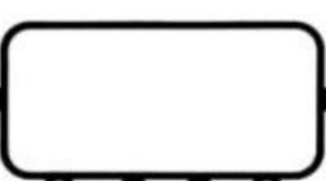
uyjnara	
ryfbeura	
hcmra	
lapir	
yam	
enju	
yjlu	
gtsuua	
tmesperbe	
tcobore	
vonmereb	
cedmeerb	

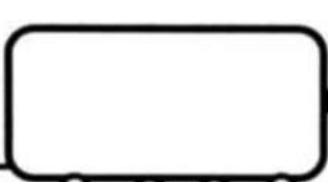
DAYS OF THE WEEK

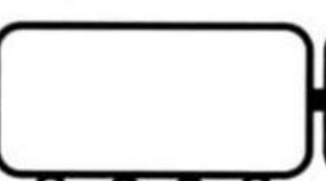
What day comes next/before?

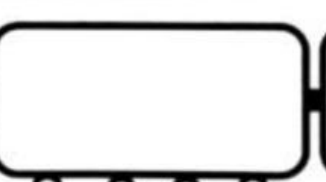
1.  Wednesday Thursday 

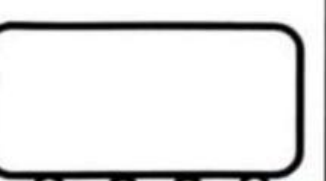
2.   Friday Saturday

3.  Sunday  Tuesday

4.   Tuesday Wednesday

5.  Friday  Sunday

6.  Tuesday  Thursday

7.  Thursday Friday 

LIVEWORKSHEETS

Choose the correct words from the list below and write them under the correct pictures

- four
- thirteen
- twenty
- eleven
- five

- nine
- nineteen
- two
- ten
- fifteen

- twelve
- three
- sixteen
- one
- seventeen

- six
- eighteen
- eight
- fourteen
- seven

11

4

15

8

18

9

2

13

16

7

17

12

6

20

1

19

10

3

14

5

INSTRUCTIONS: Write in numbers

- a) FIFTY-SIX = _____
b) TWENTY-THREE = _____
c) SIXTY-NINE = _____
d) SEVENTY-EIGHT = _____
e) EIGHTY-FOUR = _____
f) THIRTY-THREE = _____
g) NINETY-FIVE = _____
h) EIGHTY-TWO = _____
i) SIXTEEN = _____
j) TWENTY-NINE = _____

- k) SEVENTEEN = _____
l) TWENTY-TWO = _____
m) FIFTEEN = _____
n) ELEVEN = _____
o) FORTY-SEVEN = _____
p) NINETEEN = _____
q) THIRTY = _____
r) ONE-HUNDRED = _____
s) EIGHTEEN = _____
t) ONE -THOUSAND = _____

INSTRUCTIONS: Select the time



What Time is it?



- 3:00
12:15
12:30



- 6:00
1:30
12:30



- 7:15
6:15
3:30



- 8:45
9:40
7:45



- 10:10
2:50
10:20



- 10:45
10:50
9:50



- 6:16
3:31
4:30



- 8:24
5:40
9:25



- 1:20
2:05
1:12



- 9:12
2:43
3:45



- 5:59
12:25
4:59



- 11:03
12:11
12:55

What time is it? Look at the digital watches and write the times under them.



It's _____.



It's _____.



It's _____.



It's _____.



It's _____.



It's _____.



It's _____.



It's _____.

INSTRUCTIONS: LISTEN AND COMPLETE THE CONVERSATION

"A good night's sleep"

Host: At exam time it is (1) _____ to sleep well. Today we have Doctor Baker with us in the studio and he is going to give us five top tips for getting a good night's sleep. (2) _____ to the show, Doctor Baker.

Dr Baker: Thank you. It's great to be here. Let's start with;

Tip one: Don't go to bed with the (3) _____ on. Some people think they can sleep well with the TV on, but the (4) _____ and lights mean you don't really sleep well, so turn it off!

Tip two: Don't think too much before (5) _____. Do your hardest homework earlier in the evening. Do easier (6) _____ later. If your brain is too (7) _____ and full of ideas it takes longer to get to sleep.

Tip three: Don't play video games for an hour before you go to (8) _____. They also make your brain too busy and active.

Tip four: Turn off your cell phone when you go to bed. What is so important that it can't wait until the (9) _____? If possible, leave your (10) _____ in another room.

Tip five: Play (11) _____ if you like. But don't play it too loud. Turn the sound down low.

Host: Thank you, Doctor. That is very useful (12) _____ for our young listeners.