

Marco's Daily Routine



My name is Marco and I am a university student in Valencia. My days are usually very busy, but I like to have a strict routine to stay organized.

Every day, I wake up at 7:00 AM. I don't get up immediately; I stay in bed for five minutes to check my phone. Then, I have a cold shower and eat breakfast with my roommate, Leo. We usually drink coffee and eat toast with tomato.

At 8:30 AM, I catch the bus to the university. My classes start at 9:00 AM and finish at 1:00 PM. After class, I go to the cafeteria. I always have lunch with my friends because we like to talk about our projects.

In the afternoon, my routine changes. On Mondays and Wednesdays, I work at a small coffee shop near the park. I help customers and serve drinks. On Tuesdays and Thursdays, I go to the gym for one hour because I want to stay healthy. I don't study at the gym; I just listen to upbeat music.

In the evening, I return home and do my homework. I don't watch TV during the week, but I sometimes play video games for twenty minutes to relax. I cook dinner at 9:30 PM, usually pasta or salad. Finally, I go to bed at 11:00 PM because I need to sleep eight hours to have energy for the next day.

I. Read Marco's routine and answer the following questions.

1. Does Marco check his phone before he gets out of bed?

2. Does Marco work every day of the week?

3. Does Marco go to the gym on Fridays?

4. What does Marco do at the coffee shop?

5. When does Marco go to the gym?

6. How many hours of sleep does Marco need?

7. Why does Marco go to the gym?

8. Does Marco talk to his friends about their projects?

9. Where does Marco go after class?

10. Does Marco usually cook pasta or salad for lunch?
