

Name: \_\_\_\_\_

**Task 1. Complete the sentences with the words from the box**

|                |           |        |          |       |           |
|----------------|-----------|--------|----------|-------|-----------|
| daily routine  | nutrients | shower | overwork | smoke | socialise |
| pale     urban |           |        |          |       |           |

1. Mr Jefferson doesn't drink alcohol or \_\_\_\_\_.
2. Helen looks \_\_\_\_\_ because she didn't sleep well.
3. My parents often \_\_\_\_\_. That's why they are tired.
4. Josh always has a \_\_\_\_\_ after his football practice.
5. We live in New York and lead a great \_\_\_\_\_ lifestyle.
6. Don has many good habits, including a clear \_\_\_\_\_.
7. If your lunch isn't healthy, you won't get any \_\_\_\_\_.
8. I \_\_\_\_\_ a lot with my friends.

**Task 2. Complete the sentences with used to or didn't use to**

1. I \_\_\_\_\_ (build) sandcastles when I went to the beach with my parents.
2. Molly \_\_\_\_\_ (not/drink) coffee when she was in primary school.
3. My father \_\_\_\_\_ (fly) a kite with me in the park when I was a kid.
4. Mr Smith \_\_\_\_\_ (not/pay) taxes when he was fifteen years old.
5. Alice \_\_\_\_\_ (skip) a rope in the school playground.
6. My elder brother \_\_\_\_\_ (not/drive) me to school. He was too young.
7. Alan \_\_\_\_\_ (ride) his tricycle in the house when he was four.
8. Mark \_\_\_\_\_ (dress) up as a pirate at Halloween.

### Task 3. Match

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|----------------------------|------------------------------|
| 1. If Ben follows a diet,  | a) everyone will wake up.    |
| 2. They won't come         | b) he won't gain any weight. |
| 3. Everything will be fine | c) if I have some time.      |
| 4. I will call you         | d) she will exercise.        |
| 5. If it isn't rain,       | e) if they are too busy.     |
| 6. You will fall down      | f) we won't play outside.    |
| 7. If she wants to be fit, | g) if you don't panic.       |
| 8. If you shout,           | h) if you are not careful.   |