

FA5 U10 L5

1.



Ex26: Look and write.



1. _____ 2. _____ 3. _____ 4. _____ 5. _____

2.



Ex28: Read and complete the passage.

exercise

sugar

healthy

chips

strong

Eating the right food is very important for your health. If you want to be (1) _____, you need to eat (2) _____ foods, like fruits and vegetables. Foods with a lot of (3) _____ can make you feel tired and sick. It's also good to do some (4) _____ every day, like running or swimming. Don't eat too many (5) _____ because they can be bad for your teeth and your health.

Task 3: Fill in the blanks with the correct word from the list: exercise, water, healthy, sugar, milk..

1. You should drink enough _____ because your body needs it.

2. _____ helps you stay strong and fit.

3. Eating too much _____ is bad for your teeth.

4. _____ keeps your teeth strong.

5. You should eat _____ food like fruits and vegetables.

stay in bed

sore throat

take a rest

headache

A: I have a (1) _____. What should I do?

B: You should (2) _____ and drink warm water with honey.

A: Oh no, I also have a (3) _____. Should I still go to school?

B: No, you should (4) _____ and take a rest.

4.

 Task 1: Listen and number.

 (Track 1)

