

Past Continuous Interactive Worksheet

A. Choose the correct answer

1. I ____ TV when you called me. (watched / was watching / am watching)

2. They ____ football at 5 p.m. yesterday. (played / were playing / are playing)

3. She ____ dinner when the lights went out. (cooked / was cooking / cooks)

4. We ____ while the teacher was explaining. (talked / were talking / are talking)

5. It ____ when I left the house. (rained / was raining / rains)

B. Fill in the blanks

1. I _____ (read) a book last night.

2. They _____ (watch) a movie at 8 p.m.

3. She _____ (sleep) when the phone rang.

4. We _____ (study) yesterday afternoon.

5. He _____ (drive) to work at that time.



C. Make it Negative

1. I was playing football.

2. They were studying.

3. She was cooking dinner.

4. We were talking loudly.

5. He was running fast.

D. Make Questions

1. She was reading.

2. They were playing outside.

3. He was sleeping.

4. You were watching TV.

5. We were working late.

E. Past Simple or Past Continuous?

1. I ____ when I saw him. (walked / was walking)

2. They ____ dinner when I arrived. (ate / were eating)

3. She ____ at 9 p.m. (studied / was studying)

4. We ____ when it started to rain. (played / were playing)

5. He ____ home when the accident happened. (drove / was driving)

F. Writing

Yesterday at 7 p.m... I _____

My family _____

My friend _____

We _____

It _____