

WORDS & PHRASES – topic 4

!!!Use words from our vocab list only!!!

- (1) A lot of people suffer from an **e**..... (2 words). They either eat too much or too little food and they are never happy with their body.
- (2) Milk, yoghurt and cheese are called **d**..... products
- (3) The fact of being extremely fat, in a way that is dangerous for one's health: **o**.....
- (4) Another word for "illness" = **d**.....
- (5) So, I hope you won't **e**..... me! Behave yourself and be polite.
- (6) Have you already got your Corona **v**.....? – Yes, I went to the doctor some time ago. It didn't hurt at all.
- (7) I went skiing last weekend. It was great but I think I should have stopped after a couple of hours. My body still hurts and I have **s**..... (2 words). I can hardly move!
- (8) I have far too much to do for school so that I don't really have time for my friends. I feels as if I **n**..... them!
- (9) What is a **b**..... lifestyle? – Well, you should not eat unhealthy food, such as junk food. Moreover, you should do some physical activity.
- (10) The noun of "strong" = **s**.....
- (11) She is **a**..... (2 words) to peanuts. She'd better not eat them.
- (12) To rise very quickly to a high level = to **s**.....
- (13) **S**..... includes fish and shellfish.
- (14) The process of becoming well again after an illness or an injury = **r**.....
- (15) Brown bread is made from **w**..... (2 words).
- (16) I don't feel well. I think I've got the **f**..... I have fever and a headache.
- (17) Small sea animals with a shell and ten legs; they can be eaten = **p**.....
- (18) You should make an **a**..... before you go to the doctor's. If you don't make one, you will have to wait for quite some time!

- (19) Office jobs often lead to a **s**..... (2 words) because people normally sit at their desks.
- (20) **W**..... milk contains more fat than skimmed milk.
- (21) **L**....., such as beans and lentils, are a good source of protein.
- (22) Don't forget to **s**..... the meat before cooking it; it will taste much better!
- (23) Types of herbs: **p**....., **c**..... and **r**.....
- (24) The recipe requires only five **i**.....: eggs, sugar, butter, chocolate, and **f**.....