WORDS & PHRASES – Topic 4

!!!Use words from our vocab list only!!!

(1) The kind of food which does not use any artificial chemicals is called **o**..... food

(2) Laughing at someone's mistake may **e**..... them.

(3) Two types of fish: **s**....., **t**.....

(4) An artificial substance given to food to give it taste or colour = food **a**.....

(5) Meat from a very young cow = **v**.....

(6) The doctor diagnosed an **i**..... in her knee. That's why the redness and swelling hurt so much.

(7) Don't **g**..... your food; chew it properly.

(8) Weight training increases muscle **s**.....

(9) I had a small accident some weeks ago. – Are you OK? – Yes, thanks for asking. I only have to take some **p**..... because my back still hurts.

(10) Doctors **i**..... vaccines into the muscles.

(11) You should not **n**..... your responsibilities as a students to not fail class.

(12) What does "GP" stand for? - **g**..... (2 words)

(13) A piece of paper on which a doctor writes the details of the medicine you have to buy and take = **p**.....

(14) Many countries promote campaigns to **v**..... the population to prevent diseases from spreading quickly.

(15) I called my doctor's office to **m**..... (3 words) and they told me to come tomorrow at 5p.m.

(16) Any substance that plants, animals or humans need in order to live and grow = **n**.....

(17) I have a **s**..... (2 words) which makes speaking very painful. Moreover, I hardly can eat or drink anything because swallowing hurts.

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(18) A red, painful and often swollen area in or on a part of your body = **i**……

(19) **P**……, **c**…… and **r**…… are popular herbs.

(20) Scientists do not **e**…… this diet as you do not get all the necessary nutrients a person needs.

(21) It took her three weeks to **r**…… from the flu.

(22) Her muscles were **s**…… after the workout. She could hardly move.

(23) A diet high in **p**…… (2 words) can lead to obesity. It's high time people prepared more home-cooked meals.

(24) Heart **d**…… is one of the leading causes of death worldwide.

(25) The meat from birds, such as chicken or turkey, = **p**……

(26) Food that is almost ready to eat when it is bought and can be prepared quickly and easily, such as frozen pizza, for example, = **c**…… (2 words)

(27) The sauce contains onions and **g**……

(28) Instant meal = **c**…… (2 words)

(29) Sam was ill. The doctor confirmed it was the **f**……, not a cold.

(30) He switched from whole milk to **s**…… milk.

(31) Eating only fast food is not a **b**…… way of living.

(32) Teenagers should engage in at least 60 minutes of **p**…… (2 words) every day.

(33) **O**…… vegetables are grown without any chemical fertilisers or pesticides.

(34) Salad, potatoes or rice are considered to be a **s**…… (2 words).

(35) Many **f**…… (2 words) improve flavour and colour of food.

(36) Yogurt is a **d**…… (2 words)

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(37) Last Sunday we went to our favourite restaurant. We had soup as **a**....., then a five-course **m**..... and finally ice-cream for **d**.....

(38) Different types of meat: **b**....., **p**..... , **m**..... (2 words), **v**..... and **g**.....

(39) Salt and pepper as basic **s**.....

(40) She added tomato and **c**..... to the sandwich.

(41) Get all the **i**..... (eggs, butter, sugar) you need, follow the **r**..... step by step and you will get the most delicious cookies you've ever eaten.

LIVEWORKSHEETS