

## Review Unit 14-15-16

### Unit 14: Staying healthy

#### Exercise 1. Odd one out.

1. A. morning    B. yoga    C. afternoon    D. night
2. A. mango    B. apple    C. banana    D. sausage
3. A. basketball    B. football    C. tennis    D. bread
4. A. fruit    B. ice-cream    C. fresh juice    D. sports
5. A. sad    B. get up    C. sleep    D. listen to music

#### Exercise 2. Circle the correct answers.

1. How \_\_\_\_\_ he stay healthy? – He does morning exercise every day.  
A. does    B. did    C. have    D. had
2. How does your sister stay healthy? – She \_\_\_\_\_ fresh juice every day.  
A. drank    B. drink    C. drinks    D. drinking
3. A. How does your grandmother stay healthy? – She \_\_\_\_\_ morning exercise.  
A. have    B. did    C. will    D. does
4. How does your mother stay healthy? – She \_\_\_\_\_ basketball.  
A. play    B. plays    C. plays    D. played
5. How does your father stay healthy? – He \_\_\_\_\_ fish, vegetables and fruit.  
A. eat    B. ate    C. eats    D. eaten
6. How do your friends stay healthy? – They \_\_\_\_\_ sports.  
A. played    B. plays    C. playes    D. play
7. \_\_\_\_\_ does she do aerobics? – Twice a week.  
A. How much    B. How many    C. How often    D. How
8. How often does he drink orange juice? - \_\_\_\_\_ a week.  
A. Twice    B. every day    C. rarely    D. daily
9. How do they stay healthy? They eat fruit and \_\_\_\_\_.  
A. vegetables    B. play games    C. watch TV    D. stay up late
10. Does he play football once a week? - \_\_\_\_\_.  
A. No, she doesn't    B. Yes, she does    C. Yes, he does    D. Yes, they do

#### Exercise 3. Find the mistakes in each sentence.

Sentences	Mistakes
1. She do yoga every day.	
2. How does Anna stay healthy? – She drink orange juice.	

3. How often do Tom play tennis? – Three time a week.	
4. He eat vegetables and fish.	
5. Do he play football once a week? - No, he don't.	
6. He drinks lot of water and fresh juice.	

**Exercise 4. Fill in the blanks with the suitable words in the box.**

eating	stays	junk food	enjoys	doing
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John (1) \_\_\_\_\_ healthy by exercising regularly and eating well. He starts his day with a morning run and (2) \_\_\_\_\_ different workouts, like lifting weights and (3) \_\_\_\_\_ yoga. He eats lots of fruits, veggies, lean meats, and whole grains, avoiding (4) \_\_\_\_\_ and sugary snacks. John drinks plenty of water, too. By staying active and (5) \_\_\_\_\_ healthy foods, John feels physically and mentally good, ready to tackle whatever comes his way.

**Exercise 5. Writing practice**

0. How / he / drink orange juice? - He / drink / orange juice / every morning.  
*How often does he drink orange juice? – He drinks orange juice every morning.*
1. How / she / drink tea? - She / drink / tea / twice a day.  
\_\_\_\_\_
2. How / they / eat breakfast? - They / eat / breakfast / every day.  
\_\_\_\_\_
3. How / Lan / watch TV? - She / watch / TV / every night.  
\_\_\_\_\_
4. How / Tony / read books? - He / read / books / every weekend.  
\_\_\_\_\_
5. How / your friends / listen to music? - They / listen / to music / daily.  
\_\_\_\_\_