

Choose the right alternative

Let's reduce our fashion Footprint!

Good ¹ _____ habits:

- Avoid buying clothes made of ² _____ because they are not good for your health and they get dirty quickly.
- Don't buy ³ _____ clothes than you need because you will throw many of them away.
- Don't follow fashion blindly because you might buy clothes that are not acceptable in your society.
- Buy good quality clothes, so they don't shrink and their colours don't ⁴ _____.
- Avoid buying dark-coloured clothes because they use a lot of ⁵ _____ and can pollute water.
- Avoid buying clothes made in ⁶ _____ countries because they need more fuel to be transported to you.
- Buy second-hand clothes from thrift shops. They are cheaper and better for the ⁷ _____.
- Buy clothes you can wear many times and in different situations.
- Avoid buying "fast fashion." These clothes are often of low quality and ⁸ _____ long.

Good ⁹ _____ habits:

- Only wash clothes when they are ¹⁰ _____. This saves water and energy.
- Try not to use the dryer. Use a laundry line or drying rack instead. It is better for the environment and for your clothes.
- Take care of your clothes. Don't make them dirty or damage them on purpose.
- Don't throw away clothes that are only slightly damaged. Try to ¹¹ _____ them or give them to someone who can use them.
- Wear your clothes for a long time. Don't stop using them just because you get bored.
- Wash with ¹² _____ water when possible. It saves energy and keeps clothes in good condition.
- Use eco-friendly laundry ¹³ _____ to reduce pollution in water.
- Do not iron clothes that don't need ironing. It saves ¹⁴ _____.
- Store clothes properly. Fold or hang them neatly so they don't get damaged.

Good ¹⁵ _____ habits:

- Avoid throwing clothes in the trash. They will end up in landfills and harm the environment.
- ¹⁶ _____ your used clothes to charity if they are still in good condition. Someone else can use them.
- Recycle old clothes by taking them to textile recycling bins or recycling centres.
- Upcycle your used clothes by repurposing them into cleaning cloths, bags, or craft materials.
- Sell clothes you don't want at second-hand shops or online. This helps reduce waste.
- ¹⁷ _____ clothes with friends or family instead of throwing them away.
- Repair your clothes when they have small holes or loose buttons instead of throwing them away.
- Give your used clothes to your younger brothers or ¹⁸ _____.