1 BE INSPIRED

VOCABULARY

Describing people

1 **Find 11 more personality adjectives in the word search.**

A	M	C	O	N	F	I	D	E	N	T	R
M	S	A	F	D	A	S	E	G	R	E	G
B	S	L	F	E	Y	C	U	Z	J	X	I
I	E	M	I	D	T	N	V	K	C	S	N
T	P	R	O	F	E	N	T	U	H	O	S
I	A	O	B	A	E	D	C	N	E	C	P
O	T	R	S	C	S	S	E	D	E	I	I
U	I	A	C	T	O	N	F	F	R	A	R
S	E	N	S	I	T	I	V	E	F	B	I
G	N	B	E	V	R	Y	W	B	U	L	N
F	T	R	S	E	N	S	I	B	L	E	G
N	G	H	E	L	P	F	U	L	J	W	B
T	A	L	E	N	T	E	D	B	N	Y	S

2 **Complete the sentences with words from Exercise 1.**

1 People think I'm confident, but I'm usually shy.
2 Paul isn't very _____. He likes being alone.
3 Tyler is usually very _____. He's always smiling.
4 Kim and her brother are very different. He's silly and immature, but she's _____.
5 It's better to be _____ and not panic in dangerous situations.
6 I'm very _____ – I get upset easily.

3 **Complete the table with the opposites of words from Exercise 1.**

in-	[1] sensitive	im-	[7] _____
un-	[2] _____ [3] _____ [4] _____ [5] _____ [6] _____		

4 **Complete the sentences with the opposites in the box.**

~~anxious~~ grumpy lazy shy silly

1 Martin isn't calm today. He's anxious because of his exam tomorrow.
2 I don't think I'm confident. I'm usually quite _____.
3 My mother is always _____. She's not cheerful at all.
4 You're so _____ sometimes. Why can't you be more sensible?
5 When she was young, my cat was always active. Now she's just _____.

5 **Circle the correct adjectives.**

HOME ABOUT ME ARCHIVE FOLLOW

My sister, Alicia, is a very [1]*confident / talented* person because she's always sure about herself and knows what she's good at. In fact, she's quite [2]*active / ambitious* – she's got lots of goals and things she wants to achieve. She's also smart and really [3]*patient / talented* – she can play the piano and is very good at sport. The only 'problem' is that she's not very [4]*cheerful / sociable* – she doesn't like going to parties and she doesn't have many friends. But if I have a problem, she's always [5]*helpful / calm* and tries to solve it. Alicia is [6]*sensitive / patient*, too – she doesn't get angry, even when other people make really big mistakes. My sister is my hero!

Explore it!

Guess the correct answer.

Scientists believe that people who are _____ live longer than average.

a cheerful b confident c grumpy

Find an interesting fact about how to live longer and send the question in an email to a classmate or ask them in the next class.

LIVEWORKSHEETS