

(down pat – guts - knocked their socks off - psyched - up for)

1. My brother Tom is adventurous. He likes to try new things. He is _____ anything.
2. His favorite football team is Manchester United. Next month they are going to be playing in his city and he has tickets! He's _____!
3. Jasim is a gymnast. He has been practicing his routine on the parallel bars for months. He has his routine _____.
4. Andrew is the best speed skater I know. Last week he was in a competition, and won first place! He was so good. He really _____!
5. Don is an expert surfer. He knows he could drown or get attacked by sharks, but he's not scared. He has a lot of _____.