

Complete the sentences. Use the past simple or past continuous form of the verbs in brackets.

- 1 The boy _____ (sit) on a bench in the park _____ (read) a book.
- 2 The man _____ (take) my handbag while I _____ (sit) in the restaurant.
- 3 The policeman _____ (notice) the blood on the floor when he first _____ (enter) the room.
- 4 I _____ (try) to sleep when the doorbell _____ (ring).
- 5 The accident happened because the man _____ (drive) and _____ (talk) on his mobile phone at the same time.
- 6 When I _____ (reach) the other side of the lake, I _____ (feel) safe.
- 7 They _____ (start) climbing very early in the morning because they _____ (want) to reach the top by midday.
- 8 I _____ (sprain) my ankle while I _____ (play) basketball.

Read the text and find 9 mistakes in Past Simple / Past Continuous.

The sun ~~did~~ shining and Tom was having a lovely time fishing, when suddenly he ~~realising~~ there was a bag in the middle of the river. On the other side of the river, at that moment a woman ~~trying~~ to get the bag with her umbrella.

- 1 _____
- 2 _____
- 3 _____

Tom thought for a second and was deciding to use his walking pole to try to get the handbag. But it ~~weren't~~ successful. So he took off his shoes, ~~was climbing~~ into the river and swam across to the bag. Then he ~~was~~ threw the bag across the river to the woman.

- 4 _____
- 5 _____
- 6 _____
- 7 _____

She caught the bag, checked that all her things ~~was~~ in it and smiled happily to Tom.

- 8 _____
- 9 _____

Read the sentences and correct the adjectives with -ing/ed if necessary.

- 1 The teacher was satisfying when her students passed the test. _____
- 2 We were very frightened when we saw the dangerous road. _____
- 3 When I finished the 10 km run, I was exhausting. _____
- 4 I ate some blue cheese in England, and it was disgusted. _____
- 5 My mum was worried when I didn't call her. _____
- 6 My friend was surprising when she found a message in a bottle. _____
- 7 The teacher was annoyed when the students didn't listen to her. _____
- 8 There is a lot of information on the internet, and often it's very confusing. _____

Look at situations 1–10. How did the person feel in each situation? Match the adjectives below with the situations.

anxious confused cross delighted embarrassed envious frightened proud relieved suspicious

- 1 My grandfather went out for a quick bike ride over three hours ago and he isn't back yet. _____
- 2 I really need a computer, and my brother just got one for his birthday. _____
- 3 My friend gave me directions to her house, but the road names I see are different from the ones she gave me. I don't understand! _____
- 4 My parents told me that I'm not having a birthday party, but I found lots of balloons in one of the cupboards. _____
- 5 After speaking to the head teacher, I looked in a mirror and noticed that I had chocolate around my mouth. _____
- 6 I won a competition to spend the day with my favourite band! _____
- 7 My mum watched me win a singing contest on TV. _____
- 8 It was dark and I was alone in the house when I heard a strange, loud noise downstairs. _____
- 9 My friend told me she dropped my favourite book in the bath last night. _____
- 10 After three and a half hours, my grandfather returned from his bike ride. _____

Complete the sentences with the correct words. The number of letters in a word and the first letter of each word has been given as a help but write the full word in a gap.

1. Nauru is a small rock island in the Pacific O_____ (5), almost 4,000 km from Australia.
2. Primrose H_____ (4) in Regent's Park is only 78 m high, but you can get a great view of London from the top!
3. When Mount Vesuvius – the v_____ (7) – erupted in 79 AD, it destroyed the towns of Pompeii and Herculaneum.
4. Parliament Street in the city of Exeter, England, is so n_____ (6) that two people can't walk together at the same time.
5. Loch Ness in Scotland is a very d_____ (4) lake – it's over 226 m from the surface to the bottom!
6. Over 1,500 people lost their lives in the early morning of 15 April 1912 when the Titanic sank in the i_____ (3) waters of the North Atlantic Ocean.
7. You have to climb a s_____ (5) cliff to get to the top of Ben Nevis in the Scottish Highlands, but the view is worth it.
8. The Nile is 6,853 km long, but only 2.8 km w_____ (4), from shore to shore.

Replace the simple adjectives in brackets with extreme adjectives.

- 1 That helmet doesn't fit me – it's _____ (very small).
- 2 After we had walked 50 km across the desert, I was s_____ (very hungry).
- 3 Breaking my leg while crossing that river was _____ (very bad).
- 4 After swimming across the lake, I was _____ (very tired).
- 5 The hill we had to climb looked _____ (very big).
- 6 The countryside we were walking through was _____ (very beautiful).
- 7 That meal we had at the Chinese restaurant last night was d_____ (very tasty).
- 8 The brown bear that was walking towards us looked e_____ (very big).

Complete the dialogue with the words below.

amazing cool envious frustrating how kidding nightmare relief shame that

- Jess I'm going on a road trip around America next summer!
- Ben Really? What a ¹ _____ thing to do. I'm so ² _____!
- Jess And I'm going with my grandmother!
- Ben You're ³ _____! Your grandmother? ⁴ _____ sounds like a ⁵ _____!
- Jess Not at all! She's a famous photographer. She took photos of The Beatles when she was in her twenties. We're going to write a blog about our trip and maybe even a book.
- Ben That's ⁶ _____. Did you hear that I lost my phone last week with all of the photos from the school trip?
- Jess Not the photos that we were going to upload to the school website? What a ⁷ _____!
- Ben Don't worry, I found it eventually ...
- Jess Phew! What a ⁸ _____! Where was it?
- Ben It was on the train. But I had to spend about two hours on the phone to the company trying to find it.
- Jess Two hours on the phone – how ⁹ _____!
- Ben Yeah, well it's all ok now. Anyway good luck with your road trip. ¹⁰ _____ exciting!

Read the text and complete with the missing sentence. There's one extra sentence.

Climb every mountain

Stephen Venables' love of mountains began at nine years old on a skiing trip to the Alps. 'I was thrilled,' he remembers. 'It was actually far more impressive and exciting than seeing the Himalayas for the first time, because when you're nine it's all new and you don't know what to expect.'

From that moment, Stephen knew that he wanted to climb mountains, but he didn't realise then that one day he would be the first British man to climb Everest without oxygen. However, his record-breaking expedition in 1988 was not an easy one. ¹ ____ After years of climbing, he was prepared for this and he knew that the best thing he could do was wait for the weather to change.

'At first I tried sitting on a rock because rock is warmer than snow, but it wasn't completely flat. I really wanted to lie down so I decided to cut a ledge in the snow. I did sleep a bit,' he says. 'They always say you should stay awake but I was totally exhausted.' Fortunately, the storm passed, and Stephen managed to climb back down to his camp and enter the record books.

The Everest expedition wasn't Stephen's only difficult climb. ² ____ 'It was very unlucky that it happened, but I was lucky that there were five of us.' The group included Chris Bonnington and Stephen's good friend Harish Kapadia. It took them twelve hours to make camp in a safe place. Then two of the team went for help.

'I think that was one of the most wonderful moments of my life – finally being in the tent and realising that I could just lie back in my sleeping bag.' ³ ____ By that time, there was almost no food left. 'On the last day we had a boiled sweet and we used the last tea bag so many times that it wasn't actually changing the colour of the water.' But luckily, the team managed to keep going until help arrived.

A But Stephen didn't know then that the rescue would take four days.

B In 1992, while climbing another Himalayan mountain, he fell 100 m, breaking both his legs.

C It was the second time that he needed medical attention because of his injuries.

D When he was coming down from the top of the mountain, he was caught in a snowstorm.