

Gordon Ramsay's breakfast for the champions



1. What is Gordon Ramsay cooking in the video?
a) pancakes
b) granola
c) eggs
d) bacon

2. What is the first ingredient Gordon Ramsay uses?
a) sugar
b) flour
c) honey
d) vanilla extract

3. What does Gordon Ramsay use to add flavor?
a) cinnamon
b) vanilla pod
c) chili powder
d) garlic

4. What type of seeds does Gordon Ramsay add to the granola?

- a) chia, sesame, and sunflower
- b) pumpkin, sunflower, and linseed
- c) flax, poppy, and hemp
- d) almond, walnut, and pecan

5. What does Gordon Ramsay add to the granola for a chewy texture?

- a) dried cranberries
- b) raisins
- c) figs
- d) prunes

6. What are goji berries known for?

- a) their sweetness
- b) their healing properties
- c) their texture
- d) their color

7. What does Gordon Ramsay add to the granola after it is baked?

- a) more honey
- b) dried fruits
- c) fresh fruits
- d) nuts