



# MOODS AND FEELINGS

Watch the film and listen to the feelings mentioned. Tick (✓) the ones you hear.

<input type="checkbox"/> happy	<input type="checkbox"/> tired	<input type="checkbox"/> stressed
<input type="checkbox"/> grumpy	<input type="checkbox"/> hungry	<input type="checkbox"/> sleepy
<input type="checkbox"/> excited	<input type="checkbox"/> miserable	<input type="checkbox"/> cheerful

Are the following statements true or false?



0. Michael is never in a good mood. False. He is usually happy.

1. Michael is grumpy when he doesn't get enough sleep. \_\_\_\_\_

2. Emilia is only in a good mood at the weekend. \_\_\_\_\_

3. Emrys is rarely in a good mood. \_\_\_\_\_

4. Emrys is unhappy when the weather is good. \_\_\_\_\_

5. Katherine's family says she is usually in a good mood. \_\_\_\_\_

6. When Katherine has a lot of work, she relaxes. \_\_\_\_\_



Circle the correct words in these sentences about the students' bad moods.

1. **Emilia:** If I have / skip breakfast I'm normally in a good / bad mood.

2. **Katherine:** It's mainly if I'm tired / happy or if I've got / haven't got a lot of work.

3. **Emrys:** If I have to sit / get up too early or if I haven't had time to make myself / eat breakfast.



**ABOUT YOU** Answer the questions.

Are you usually in a good mood?

What kinds of things put you in a bad mood?