

**D. Create an essay outline on the topic of healthy eating using the form below. Begin by brainstorming some ideas in the box and then complete the outline. Remember to only use key words and short phrases in your outline.**

**Topic:** The Benefits of Healthy Eating.

**Introduction**

Thesis statement: .....

**Body paragraph 1**

Topic sentence: .....

Supporting idea 1: .....

Details: .....

Supporting idea 2: .....

Details: .....

**Body paragraph 2**

Topic sentence: .....

Supporting idea 1: .....

Details: .....

Supporting idea 2: .....

Details: .....

\* A conclusion is not required in an outline as it simply recaps ideas already discussed in the essay. Conclusions never include new or additional information.