

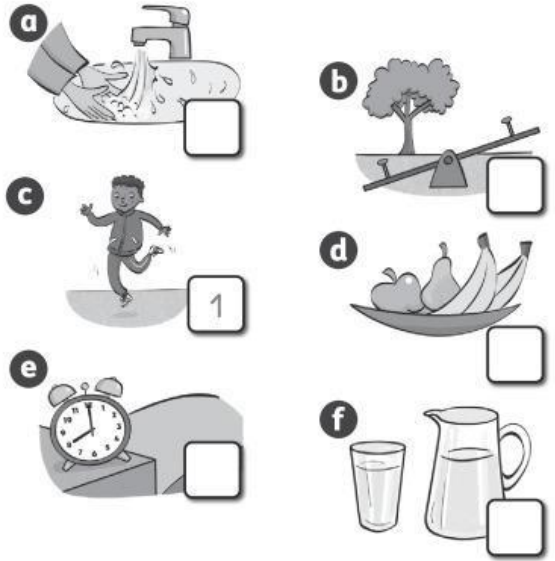
# 5 Unit record

Name: \_\_\_\_\_

## Lesson 1 Words Let's talk about staying healthy.

1 Match. Then look and number.

- |           |                |
|-----------|----------------|
| 1 do ●    | ● your hands   |
| 2 eat ●   | ● exercise     |
| 3 play ●  | ● water        |
| 4 drink ● | ● fruit        |
| 5 go ●    | ● to bed early |
| 6 wash ●  | ● outside      |



## Lesson 2 Grammar Let's talk about how often we do things.

2 Look and write sentences.

**eat vegetables   do exercise   eat ice cream   play outside   go to bed early**

Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

- Mia goes to bed early five times a week.
- She \_\_\_\_\_.
- She \_\_\_\_\_.
- She \_\_\_\_\_.
- She \_\_\_\_\_.

# 5 Unit record

Name: \_\_\_\_\_

## Lesson 3 Words and Grammar Let's talk about how we relax.

3 Look and write sentences.

✓✓✓ always    ✓✓ often    ✓ sometimes    ✗ never

do karate    ~~go fishing~~    play volleyball    do art    go swimming

- 1   She sometimes goes fishing \_\_\_\_\_.
- 2   He \_\_\_\_\_.
- 3   They \_\_\_\_\_.
- 4   She \_\_\_\_\_.
- 5   I \_\_\_\_\_.

## Lesson 4 Story Let's read about feeling too busy.

4 Write T (true) or F (false).

- 1 Ben does his homework every day. T
- 2 He plays football once a week. \_\_\_\_\_
- 3 He always goes swimming at the weekend. \_\_\_\_\_
- 4 He goes fishing with his mum. \_\_\_\_\_
- 5 At the end of the story, Ben and his dad relax. \_\_\_\_\_



## Lesson 5 Skills and Culture Let's learn about exercise in Brazil and China.

5 Read and tick ✓.



capoeira



t'ai chi

1 This sport is very popular in China.		✓
2 People do this sport on the beach in Brazil.		
3 Older people do this sport in the park.		
4 The players always do slow and careful moves.		
5 The players sometimes do big jumps and high kicks.		