UNIT 10 – LIFELONG LEARNING

TASK 1. Read the following advertisement and circle the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks below.

Join Our Reading Club for Seniors!

- Are you an older adult who loves books? We are here to (1) _____ you about our amazing reading club! Join us and be a part of a vibrant community of book enthusiasts.
- Share your favourite stories and experiences, and listen to others' tales too. Our knowledgeabl staff will (2) _____ you on exciting reading materials and (3) _____ recommendations tailored to your interests.
- We encourage you to (4) _____ questions, express your thoughts, and engage in lively discussions. Don't miss out on this wonderful opportunity to (5) _____ with fellow book lovers. Sign up today and embark on a delightful literary journey!

1.	A. order	B. say	C. tell	D. speak
2.	A. suggest	B. advise	C. order	D. request
3.	A. offer	B. order	C. request	D. advise
4.	A. change	B. speak	C. say	D. ask
5.	A. feel	B. touch	C. contact	D. connect

TASK 2. Read the following text and circle the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks below.

THE IMPORTANCE OF LIFELONG LEARNING

Lifelong learning plays a crucial role in our personal and professional development. It allows us to (1) _____ and skills throughout our lives. One important aspect is the ability to brush up on existing knowledge. By revisiting and refreshing (2) _____, we can stay up-to-date and relevant in our fields. Another key factor is the need (3) _____ a curious mindset. Being informed about new advancements and ideas (4) _____ to changes in our rapidly evolving world. Additionally, adult education programmes provide valuable opportunities for further learning and skill development. Whether it's attending classes or pursuing online courses, adult education empowers individuals to enhance their capabilities and explore new interests. Embracing lifelong learning ensures that (5) _____, adaptable, and well-equipped for personal and professional growth.

1.	A. our knowledge expand continuously	B. expand our continuous knowledgable	C. continuously expand our knowledge	D. expand our continuously knowledge
2.	A. have we learnt what	B. what we have learnt	C. what have we learnt	D. we have learnt what
3.	A. to maintaining	B. to maintain	C. as maintain	D. when maintains
4.	A. to help us adapting	B. helping us adapted	C. helps us adapt	D. help us adapting
5.	A. we remain engaged	B. we remaining engagement	C. we remain engagement	D. we remaining engaged

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TASK 3: Mark the letter A, B, C, or D to indicate the correct arrangement of the sentences in an instruction to maintain a reading habit as a lifelong learning activity.

a) To maintain a reading habit as a lifelong learning activity, follow these simple steps:
b) Next, choose books that you are interested in to help you maintain your curiosity and keep you engaged.
c) Finally, join a book club or reading community. Interacting with others who share your passion for reading can provide motivation and new perspectives.
d) First of all, establish a consistent reading routine. Set aside time each day or week to read a book.
e) Once you have chosen your favourite books, create a cozy reading environment and set realistic reading goals.

A. a – b – d – e – c
B. a – d – b – e – c
C. a – c – d – b – e
D. a – d – e – c – b

TASK 4: Mark the letter A, B, C, or D to indicate the correct arrangement of the sentences to make a paragraph about the challenges facing old-aged people in maintaining lifelong learning.

a) Another problem lies in the fact that their limited time due to family or health commitments can slow down their learning opportunities.
b) In addition to the problems with technology and limited time, adapting to new learning methods can be overwhelming for older individuals.
c) One major challenge is the limited access to digital educational resources. Many older adults even cannot use technology to access these resources.
d) Older individuals face various challenges in maintaining lifelong learning.
e) Finally, the absence of a supportive learning environment or peer groups may make older learners feel lonely.
f) To overcome these challenges, we need accessible resources, flexible learning options, and supportive communities for older learners to continue their lifelong learning journey.

A. c – a – b – e – d – f
B. d – c – b – a – f – e
C. d – c – a – b – e – f
D. d – c – e – a – f – b

TASK 5: Read the following text and circle the letter A, B, C, or D to indicate the correct answer to each of the questions below.

Lifelong learning is an essential aspect of personal development for both men and women. However, it is particularly important for women due to the numerous benefits it can bring to their lives.

Firstly, lifelong learning empowers women to make better career choices. By continuously expanding their knowledge and skills, women can stay competitive in the ever-changing job market. Acquiring new qualifications and staying updated with new knowledge can open doors to a wider range of career opportunities.

Moreover, lifelong learning enhances women's confidence and self-esteem. When women engage in continuous learning, they gain a sense of accomplishment and a belief in their

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abilities. This enables women to take on new challenges and overcome **obstacles** with determination.

Additionally, lifelong learning **fosters** personal growth and fulfillment. It provides women with the opportunity to explore new subjects, hobbies, and interests. Whether it's learning a new language, acquiring artistic skills, or **delving into** a new field of study, lifelong learning broadens horizons and enriches lives.

Furthermore, lifelong learning equips women with the tools to adapt and **thrive** in a rapidly changing world. It enhances critical thinking, problem-solving, and decision-making skills. Women who actively engage in learning are better prepared to **handle** changes in all aspects of life.

In conclusion, lifelong learning is crucial for women's personal development, better career choices, increased confidence, and overall fulfillment. Therefore, it is important for women to prioritise lifelong learning and invest in their ongoing education and personal growth.

1. The word **obstacles** in the third paragraph is closest in meaning to ____.

A. achievements B. opportunities C. challenges D. certainties

2. The word **fosters** in the fourth paragraph is opposite in meaning to ____.

A. promotes B. discourages C. confuses D. supports

3. The phrase **delving into** in the fourth paragraph is closest in meaning to ____.

A. exploring deeply B. avoiding completely C. delaying immediately D. simplifying quickly

4. The word **thrive** in the fifth paragraph is opposite in meaning to _____.

A. flourish B. adapt C. adjust D. fail

5. The word **handle** in the fifth paragraph is closest in meaning to _____.

A. plan B. organise C. deal with D. explore

6. How does lifelong learning empower women in terms of career choices?
   A. By providing them with new hobbies and interests.
   B. By enhancing their critical thinking and problem-solving skills.
   C. By enabling them to explore new subjects and fields of study.
   D. By offering opportunities to stay competitive in the job market.

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