

Name: _____ Class: _____ Date: _____

Topic: ~~Brushing Teeth~~ (Correct Movements and Proper Technique) ?

Lesson Objective

I can identify correct brushing movements and give simple advice on how to brush my teeth properly.

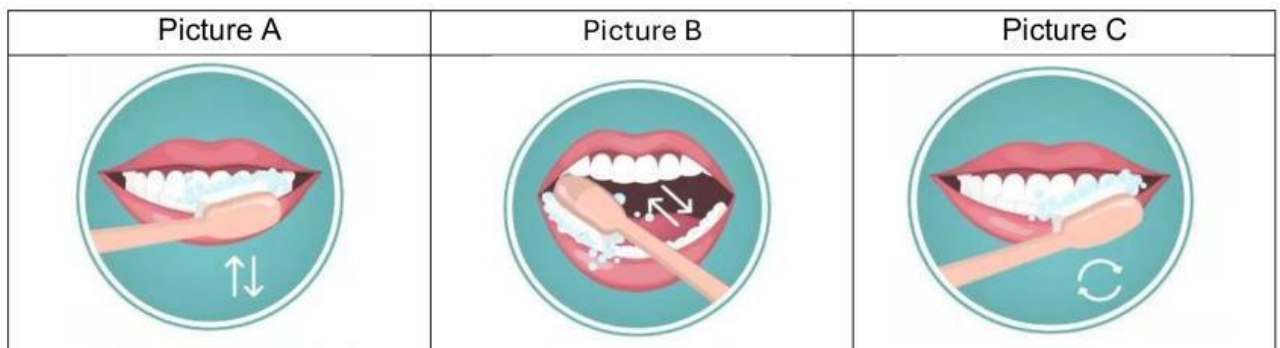
Steps to Success (S2S)

- ☐ I can recognise correct brushing movements.
- ☐ I can tell which brushing actions are correct or incorrect.
- ☐ I can give simple advice using *should* and *should not*.

A. Identify the Brushing Movement

Look at the pictures from the visual guide. Match each movement to the correct picture.

1. ☐ brushing in small circles
2. ☐ brushing up and down
3. ☐ brushing back and forth



B. Correct or Incorrect Technique? ✓ ✗

Look at the brushing actions. Tick ✓ if the action is correct or ✗ if it is incorrect.

Action	✓	✗
brushing gently	☐	☐
brushing too hard	☐	☐
brushing all teeth	☐	☐
brushing only one side of teeth	☐	☐

C. Match the Problem to the Advice

Match each problem to the best advice.

Problems	Advice
A. gums hurt	1. brush all surfaces
B. teeth still feel dirty	2. brush gently
C. teeth are not clean	3. brush in small circles

D. Give Advice

Complete the sentences using the word bank.

Word bank: gently | too hard | in small circles | all teeth

1. You should brush _____.
2. You should not brush _____.

Plenary: Check Your Learning

Tick the boxes that are true for you.

- ☐ I know the correct brushing movements.
- ☐ I know how to brush my teeth properly.
- ☐ I can give simple advice about brushing teeth.

Teacher's note: This worksheet focuses on brushing technique and movements. Sequencing of steps was covered in Lesson B.