

## REMEDIAL QUIZ: REPRODUCTIVE SYSTEM (35pts)

## HORMONES

- The uterus begins to prepare for the next cycle by developing a new lining.
- The uterine lining starts to break down due to a decrease in hormone levels.
- Menstrual blood flows out of the body through the vagina.
- Estrogen and progesterone levels drop.
- The old uterine lining is completely shed.

Fill in the blanks with the correct word or phrase to complete each statement. The statements follow the proper sequence of the menstrual cycle: follicular phase, ovulation, luteal phase, and menstruation. **Follicular Phase.** Choose the answer from the box below.

Estrogen	Corpus luteum
Luteinizing hormone (LH)	Progesterone
Progesterone	Break down / shed
Menstruation	Pregnancy
Ovary	Follicle-stimulating hormone (FSH)

## Follicular Phase

1. During the follicular phase, the hormone \_\_\_\_\_ stimulates the ovaries to mature egg cells.
2. The uterine lining begins to thicken due to increasing levels of the hormone \_\_\_\_\_.

### Levels of the **Ovulation**

3. Ovulation occurs when a mature egg is released from the \_\_\_\_\_.  
4. The release of the egg is triggered by a surge of

\_\_\_\_\_ ho

### **Luteal Phase**

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6. The corpus luteum releases \_\_\_\_\_ to maintain the uterine lining.
7. If fertilization occurs, this hormone helps support early.

### **Menstruation**

Menstruation

8. If fertilization does not occur, levels of estrogen and progesterone decrease.
9. The drop in hormone levels causes the uterine lining to shed.
10. The shedding of the uterine lining is called menstruation.

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**REMEDIAL QUIZ: NERVOUS SYSTEM (25pts)**

- A. Protects the brain
- C. Transmits messages between the brain and the body
- D. Produces hormones

3. Which division of the nervous system controls voluntary muscle movements?

- A. Autonomic nervous system
- B. Peripheral nervous system
- C. Somatic nervous system
- D. Central nervous system

4. Which part of the brain controls balance and coordination?

- A. Cerebrum
- C. Cerebellum
- B. Medulla oblongata
- D. Thalamus

5. Which system is made up of the brain and spinal cord?

- A. Peripheral nervous system
- B. Autonomic nervous system
- C. Somatic nervous system
- D. Central nervous system

6. What is the function of sensory neurons?

- A. Carry impulses from the brain to muscles
- B. Connect sensory and motor neurons
- C. Carry impulses from sense organs to the brain
- D. Control involuntary actions

7. Which part of the nervous system controls involuntary actions such as heartbeat and digestion?

- A. Somatic nervous system
- B. Autonomic nervous system
- C. Peripheral nervous system
- D. Central nervous system

8. Which structure protects the brain from injury?

- A. Skull
- C. Nerves
- B. Spinal cord
- D. Neurons

9. Which type of neuron carries impulses from the brain to muscles and glands?

- A. Sensory neuron
- C. Motor neuron
- B. Interneuron
- D. Relay neuron

10. Which part of the brain controls breathing and heartbeat?

- A. Cerebrum
- C. Medulla oblongata
- B. Cerebellum
- D. Hypothalamus

8. Negative feedback mechanisms work by \_\_\_\_\_ the original stimulus once balance is restored.
9. The autonomic nervous system controls \_\_\_\_\_ actions like heart rate and digestion to help maintain homeostasis.
10. When body temperature rises, the nervous system responds by activating \_\_\_\_\_ to release heat.

**True or False**

Read each statement carefully. Write “True” if the statement is correct or “False” if it is incorrect.

1. The nervous system maintains homeostasis by detecting changes and sending signals to effectors.
2. Positive feedback mechanisms always work to restore the body to a stable state.
3. Sensory neurons carry information from receptors to the central nervous system.
4. Motor neurons transmit signals from the central nervous system to muscles and glands.
5. The autonomic nervous system controls involuntary actions such as heart rate and digestion to maintain homeostasis.

Fill in the blanks with the correct word or phrase to complete each statement. The statements explain how the nervous system uses feedback mechanisms to maintain **homeostasis** in the body. Choose your answer from the box below.

Central	Stable
Receptors	Interneurons
Effectors	Spinal cord
Involuntary	Sweat glands
Reducing / counteracting	Stimuli

1. Homeostasis refers to the ability of the body to maintain a \_\_\_\_\_ internal environment.
2. The nervous system helps maintain homeostasis by detecting changes called \_\_\_\_\_.
3. Specialized cells known as \_\_\_\_\_ detect changes in the internal or external environment.
4. Sensory neurons carry information from receptors to the \_\_\_\_\_ nervous system.
5. The brain and \_\_\_\_\_ make up the central nervous system.
6. \_\_\_\_\_ neurons (also called relay neurons) transmit signals between sensory and motor neurons within the brain or spinal cord.
7. Motor neurons carry impulses from the central nervous system to \_\_\_\_\_ such as muscles or glands.