

C1 VOCABULARY EXERCISES

Topic: Family

1 Match the words to their definitions

Match A–H with 1–8.

- A. family dynamics
- B. generational conflict
- C. moral responsibility
- D. work-life imbalance
- E. extended family
- F. overreliance on technology
- G. sense of belonging
- H. financial strain

1. Stress caused by not having enough money
2. Tension between younger and older family members
3. The way family members interact with each other
4. Feeling accepted and valued within a group
5. Dependence on digital devices that becomes excessive
6. A duty based on personal or ethical values
7. Difficulty balancing professional and personal life
8. Family members beyond parents and children

2 Complete the sentences with the correct word or phrase

Use words from the box. You may need to change the form.

family obligations – quality time – face-to-face interaction – caregiving – cultural norms – drift apart

1. Many adult children feel a strong sense of _____ towards their elderly parents.
2. Busy schedules can cause family members to _____ over time.
3. Spending _____ together is essential for maintaining strong relationships.
4. In some cultures, _____ for elderly relatives is expected.
5. _____ still play an important role in shaping family behaviour.
6. Technology should not replace _____ entirely.

3 Choose the correct word

1. Social expectations / Personal space can put pressure on parents to behave in certain ways.
2. Emotional bonds / Financial strain often strengthen family relationships.
3. Digital communication / Family cohesion refers to how close family members are.
4. A support network / Role model is someone who provides emotional or practical help.
5. Overreliance on technology / Quality time can reduce meaningful conversations.

6. Household responsibilities / Identity formation include cleaning, cooking, and childcare.

4 Replace the underlined words with a C1-level expression

1. Many families experience **problems because of money**.
→ _____
2. Technology has changed **how families talk to each other**.
→ _____
3. Arguments between parents and teenagers are a common **age-related problem**.
→ _____
4. Families help shape a person's **beliefs and values**.
→ _____
5. Spending time together helps create **strong family relationships**.
→ _____

5 Speaking-style vocabulary extension

Complete the sentences using suitable C1 phrases.

1. One cannot ignore the fact that modern families face increasing _____.
2. On balance, I would argue that family still plays a crucial role in _____.
3. To a certain extent, technology has improved _____, but it has also reduced _____.