

Text B

You are going to hear a conversation between two roommates, Nick and Yuko, about the fear of missing out, commonly known as FOMO.



Choose the correct answer.

Nick slept on the couch because...

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- A. he was sick.
- B. he worked all night.
- C. he went out until late.

Yuko and Nick agree that FOMO...

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- A. has a real impact on people.
- B. leads to internet addiction.
- C. is caused by cellphones.

Nick is constantly on his phone to...

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- A. check his work email.
- B. organize social events.
- C. get updates about his friends.

Notes/Notas:

What does Nick regret missing last night?

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- A. A play
- B. A concert
- C. A dinner party

Yuko keeps asking Nick questions about his social life because she wants to...

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- A. make Nick realize he has FOMO.
- B. praise Nick for how active his social life is.
- C. remind Nick of his work responsibilities.

Notes/Notas:

Answer the following questions.

What activity did Nick and Yuko do last weekend?

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How often did Nick upload a picture on their trip?

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What was the impact of FOMO on Yuko's physical health?

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Through what activity did Yuko learn to focus?

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According to Yuko, what is the best cure for FOMO?

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Notes/Notas: