

Patterns of Development

_____ 1. To bake chocolate chip cookies, first preheat the oven to 350°F. Next, mix flour, sugar, and butter in a large bowl. Then, stir in chocolate chips and shape the dough into small balls. Finally, bake the cookies for 12–15 minutes or until golden brown.

_____ 2. The school library is a quiet and welcoming space. Rows of wooden shelves are filled with colorful books, and comfortable reading chairs are scattered throughout. Sunlight streams in through large windows, creating a warm and inviting atmosphere for students to study or read.

_____ 3. A smartphone is a mobile device that combines the functions of a cellphone with those of a computer. It allows users to make calls, send messages, browse the internet, and run various applications. Essentially, a smartphone is a pocket-sized computer with communication capabilities.

_____ 4. Excessive screen time can negatively affect students' health. Spending too many hours on phones or computers can lead to eye strain, poor sleep, and reduced physical activity. As a result, students may experience fatigue, lower concentration, and decreased academic performance.

_____ 5. Fruits can be classified into three main groups: citrus fruits, which include oranges and lemons; berries, such as strawberries and blueberries; and tropical fruits, like mangoes and pineapples. Each group shares similar characteristics in taste, texture, or origin.

_____ 6. When preparing for an exam, students should focus on several key tasks: reviewing notes, practicing sample questions, getting enough sleep, eating healthy meals, and organizing study materials. Each of these tasks contributes to a more effective study routine.

_____ 7. Students should develop the habit of reading every day. Reading improves vocabulary, strengthens comprehension skills, and helps learners perform better in all subjects. By making reading a daily routine, students can become more confident and successful in school.

_____ 8. Online classes and traditional face-to-face classes share some similarities. Both require students to complete assignments, participate in discussions, and meet deadlines. However, the methods of communication and interaction differ significantly between the two modes of learning.

_____ 9. Many students struggle to focus during study time because of constant phone notifications. This problem makes it difficult to complete assignments efficiently. One solution is to place phones on silent mode or keep them away while studying.

_____ 10. There are several ways students can improve their concentration while studying. For example, they can create a quiet study environment, take short breaks every hour, and use apps that block distracting websites. These strategies have been proven to help learners focus better.