

Present Continuous Affirmative

➤ Read the sentence again:

I am helping.

We form the Present Continuous – affirmative:

Subject + present form of the verb 'to be' (_____)+ verb + _____.

Long form

I ___ help___

You _____

He _____

She _____

It _____

We _____

You _____

They _____

Short form

I'___ helping

You'___ helping

He'___ helping

She'___ helping

It'___ helping

We'___ helping

You'___ helping

They'___ helping

We use the Present Continuous with the following **time expressions:

now

right n__w

at the m__ment

tod__y

t__night

th__s year

th__se days