

Daily Routine ... in Space!



Do you want to live in **space**¹? The best place to live in space is on the International Space Station. It is a place for people to learn more about space. It is **located**² between 330 and 435 kilometers above the earth. Life on the Space Station is different. Like many people here on Earth, people there wake up and brush their teeth, take showers and wash their hair. But they must be very careful. They must be very careful because they don't want to use lots of water. They must use **special**³ **soap**⁴ and **shampoo**⁵. When they eat breakfast, they must eat food they first bring with them from Earth. Again, they must be careful because they don't want their food to **float**⁶ away! After people on the Space Station finish breakfast, they start their work. They don't have to take a bus or a taxi. Their work is on the Space Station! After work, the people there must do exercise. It is not easy to stay strong in space, so they exercise for more than two hours every day. They can exercise with running **machines**⁷ and **cycling**⁸ machines. For fun, people on the Space Station can read books, watch movies, listen to music and look out the windows at Earth. One time every week, they can also talk with their friends and families back home.



A Why is Life in Space Different From Life on Earth? Complete the sentences, by choosing a word from the box, there may be other answers which are suitable. (7marks)

Earth	Earth isand it is quiet in Space.
Food	The food in space is
Health	We still need to exercise daily in order to beas a fiddle.
Friendship	We miss our friends dearly because we can onlyto them through the internet ;
Feelings	While in space, we may feel trapped and mentally.....

extremely	Busy	obese	fit	weak	converse	sick	homesick	lonely	bright	cheerful	hear	strangely	pulsating
listen	eerily	trapped	generous	limited	exhausted	blan							

B

Living on a space station is MORE challenging Than living on earth. Give 3 reasons.- To support this statement.

Read the sentences on the right and complete the crossword. Look at the article again to help you.

1 S 2 P A C E

ACROSS

1	S	2	P	A	C	E	
							3
6							

7					8		
---	--	--	--	--	---	--	--

9			10				
---	--	--	----	--	--	--	--

12							
----	--	--	--	--	--	--	--

13							
----	--	--	--	--	--	--	--

14							
----	--	--	--	--	--	--	--

15							
----	--	--	--	--	--	--	--

5.

6.

7.

12.

13.

14.

15.

16.

17.

18.

19.

Do you want to live in _____?

People there _____ and then brush their teeth.

It is _____ high above the earth.

They must be _____ because they don't want to use lots of water.

They bring food from Earth so they can eat _____ every morning.

They exercise so they can have _____ bodies.

People on the Space Station can watch _____ in their free time.

They can also _____ books.

There are machines for running and for _____.

DOWN

_____ can learn about space on the Space Station.

The Space Station is located above the _____.

They use _____ soap and shampoo.



