

Student A: Routine Tracker



Instructions: Write the time your classmate does the following activities and mark the day they do it.

My name: _____

Classmate's name: _____



Routine

- Make your bed
- Brush your teeth
- Take a shower
- Get dressed
- Eat breakfast
- Pack your backpack or school bag
- Have lunch
- Help with dinner preparation
- Brush your teeth before bed
- Read for 20 minutes before sleep.

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