



A LISTENING . (___/15 marks) [Click here to listen](#) or scan qr

You are going to listen to five people talking about **outdoor activities**.
For questions 1–5, choose from the list (A–H) what made each speaker take up their outdoor activity

- A a fear of telling the truth
- B a desire to try out equipment
- C hoping to overcome a fear
- D a chance to try it for free.
- E a recommendation from a friend
- F wanting to support a friend
- G an attempt to fill time
- H hoping to show someone is mistaken

Speaker 1

Speaker 2

Speaker 3

Speaker 4

Speaker 5



B READING . (___/15 marks)

You are going to read an article in which four experts discuss **the importance of training for a career in the arts**. For Questions 1-10, choose from the experts (A–D). The experts may be chosen more than once.

Which expert...?

1. warns about the hardships of a particular career?
2. mentions training courses that do not require physical attendance?
3. discusses an art form that has not always been admired?
4. suggests that the success of others gives them a goal?
5. emphasises a need for repetition to achieve perfection?
6. points out how a type of training can include actively helping to promote a career?
7. cites a possible influence on the development of modern training techniques?
8. points out a public misconception regarding an art form?
9. praises training that prepares students for two possible career paths?
10. describes how gender issues used to be significant for people choosing a particular career?

You'd like to be a...what?

Four experts comment on the importance of training for a career in the arts

EXPERT A: So, you're a budding author and wondering just how to write a best seller. You've seen the bookstores with paperbacks which are stamped with declarations such as 'Number-One Bestseller' and you know you could write something just as good! How do you go about it? There's a school of thought that believes that a writer is born and not made. A writer doesn't need any form of training, but simply inspiration. And it's true that a large number of bestsellers have been written by people without any formal training. However, more and more frequently, creative writing courses are springing up, both residential and online, and the trainers insist that although it isn't possible to train writers with no talent, what they can do is pass on techniques and skills that will improve a talented writer's chances. Great writers in the past may not have had the benefit of these courses, but, for them the writing came quite naturally - indeed it is perhaps the work and skills of these writers that have informed the training techniques of modern-day tutors.

EXPERT B: Becoming a successful actor is certainly not an easy task, and yet it is one that many young people aim for. Perhaps they have performed in a school play and loved the experience. Perhaps they've been told that they have natural talent. Whatever the reason, those who focus on acting as a career should be aware that the route to success is a hard and potentially long one, and even for those actors who reach the top, rarely is it a secure way to earn a living. Having said that, there are paths to follow that can ensure that a prospective actor acquires the right skills and exposure to be given suitable roles. Drama schools offer excellent training in everything a future actor will need and this doesn't only focus on the techniques that a stage performance requires, but takes into consideration the different skills required for becoming a theatre performer or an actor who goes into the TV or film industry. Attending one of these schools gives actors discipline and through regular performances, showcases their talents to producers and agents, which is invaluable when entering such a competitive profession.

EXPERT C: There was a time when if a child showed an interest in dance, the main option was steady progress and ending up, if they were very lucky and talented, with a dance company that produced classical ballets such as Swan Lake or Giselle. If you were a young girl at that time and your parents were tall, you were dissuaded from pursuing a ballet career because you would potentially grow too tall to become a classic ballerina. Female dancers who were taller than their male counterparts when they were dancing on the tips of their toes were unwanted. However, times have changed and with the emergence and popularity of a whole variety of modern dance genres, this is certainly no longer the case. Latin styles of dancing and ballroom are just two relatively new forms of dance that have become popularised by TV shows. For all dancers, some form of formal training is useful in that it develops strength and technique. But most importantly, whatever type of dance you are interested in requires practice, practice and more practice. It is said that the top dancers are as fit, if not fitter than athletes, and there's a reason for that.

EXPERT D: It's usually automatically assumed that artists learn their craft by attending formal training courses where they learn different techniques as well as more practical things relating to how to mix paints, prepare canvases and so on. However, most people would not think that graffiti artists do the same. Once again, it is assumed that this type of artist learns how to use spray paint from fellow artists who use public buildings as their canvases, most often illegally. Although many such artists do in fact learn the essentials from each other, there are courses in graffiti art which those who seriously want to develop a skill in this form of painting can attend. The question then arises as to what type of career is it possible to have doing something which is most often perceived as a crime. It might come as a surprise to many people to learn that it has now become a respected profession. Artists are sometimes employed by councils to cover inappropriate graffiti with work of a higher standard. And advertising companies are using commissioned graffiti art in campaigns aimed at young people.

C VOCABULARY .

1) Complete the text with these words: (___/8 marks)

behaviour - binge - broadcast - demand - gain - impact - mood - whole

There's no doubt that young people's viewing habits have changed significantly in the last ten years. On the (1)_____ they watch far less on the TV and far more on the internet. The growth in programmes and series which you watch on (2)_____ means that viewers can watch them whenever they want. In the past, episodes would be (3)_____ just once a week so you could only watch them at the scheduled time. Nowadays, however, there are no time limits and you can watch a whole series in one evening. Although this has its benefits, it could also be a cause for concern. For example, it's well-known that many viewers have a tendency to (4)_____ out on their favourite programmes. Online TV providers are well aware of this and make light of it in their advertising campaigns. Nevertheless, spending too long in front of a screen can undoubtedly have a negative (5)_____ on your health. On the one hand, it's been noted that certain types of programmes can lead to aggressive (6)_____. At the very least, staying up late to watch TV is likely to put younger viewers in a bad (7)_____ the next day. Apart from the emotional problems, there is also the chance that watching too much TV could lead to weight (8)_____ or obesity.

2) Complete the sentences with the correct words. The first letter of each word is given. (___/6 marks)

1. The mysterious Van Gogh painting, which was found in someone's attic, turns out to have been an elaborate **H**_____.
2. My favourite show used to be on late at night, but it got moved to **P**_____ because it became so popular.
3. Given the number of endangered bird and animal species, it's imperative that the government establishes more nature **R**_____ for their protection.
4. I felt absolutely **K**_____ after running that marathon. I could hardly stand up!
5. The police thought the man would **C**_____ to stealing the money, but he insisted that he hadn't taken it.
6. It's a difficult book and the only way to get through it is with a lot of **P**_____ and patience.

3) Choose the correct words to complete the sentences: (___/5 marks)

1. It's impossible to read my teacher's writing. It's barely **eligible / legible**.
2. You should always **site/cite** your sources when writing an academic text.
3. My parents were sat in front and my brother was sat **beside / besides** me.
4. Everyone **accept / except** Joanna and Ruth went on the school trip.
5. You should **advice / advise** your teacher if you're behind with your project.

D GRAMMAR.

1) Complete the sentences with the correct form of the verbs in brackets.

(___/8 marks)

My sister is due (1)_____ (finish) her degree in environmental science in the next few months. By the time she graduates, she (2) _____ (study) for four years, so she should be a bit of an expert. She's always been interested in science and if she (3) _____ (take) this degree, I think she would have studied biology. However, she'd always envisaged (4)_____ (do) something to help protect the environment so this was the perfect degree for her. Understanding the science behind things like climate change (5) _____ (mean) that she'll be in a good position to make a difference in the future. However, she also understands that it's important to have some experience, so she intends (6) _____ (find) a work placement when she finishes. There are various organisations which you can apply to, and in some cases they will set you up with an overseas position. (7) _____ (have) any major commitments, I imagine my sister will apply to go abroad. If she is assigned (8) _____ (work) abroad, I'll be going to visit her as soon as possible.

2) Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line.

(___/8 marks)



When a five-year old girl was asked. 'What lives in the oceans?' her (1)_____ was 'plastics'. Although it saddened her father, it proved to be an (2)_____ for him and he invested in a business that found a use for discarded, single-use plastics (3)_____, he also found he was also helping the environment in another way. He came up with the idea after visiting India and seeing how old plastics were used to fill in potholes in the roads before resurfacing. He developed a technique that uses discarded plastics as an (4) _____ to bitumen, which is usually used to form road surfaces, the production of which uses (5)_____ fossil fuels. This new type of road-surfacing material recycles over twenty different types of plastics from local waste and is (6)_____ because the result is not only on a cheaper road surface, but one which is also better quality than what is (7)_____ on our roads. So far there are twenty 'plastic' roads in the UK and it is hoped that this number will increase if councils decide to (8)_____ traditional types of road surfacing.

RESPOND

INSPIRE

EXPECT

ALTERNATE

RENEW

VALUE

CURRENT

CONTINUE

3) Complete the second sentence so that it has a similar meaning to the first sentence using the word given. Do not change the word given.
Use between three and six words. (___/5 marks)

1- People threw a great deal of rubbish on the ground at the festival. **AWFUL**
There was _____ thrown on the ground at the festival.

2- I won't tell you what Martha said if you can't keep it a secret. **LONG**
I'll tell you what Martha said _____ tell anyone else.

3- You can send me an email if you've got any questions. **HESITATE**
Please _____ me an email if you've got any questions.

4- You'd better be quick because Joyce is about to leave for work **POINT**
You'd better be quick because Joyce is _____ for work

5- The new government funding is likely to be especially significant for schools in our area.
DIRECT
The new government funding is likely to _____ schools in our area.

4) Read the text and complete the gaps with **ONE WORD ONLY**. (___/10 marks)



The Ice Bucket Challenge on social media a few years ago is reported (1) _____ have raised over £100 million for a worthy charity and was also great fun for all the participants. The unlikely sight and experience of being doused in freezing cold water is (2) _____ has spawned a series of further challenges, with each new idea far (3) _____ creative than the previous one. One amazing idea was the so-called Mannequin Challenge, which went viral the year after the Ice Bucket Challenge (4) _____ proved so successful. It's not certain, but it may (5) _____ started in a High School in Jacksonville, USA. The challenge involves groups of people finding a location and standing in an elaborate pose. The participants stand completely still, like mannequins, and hold the positions long (6) _____ for a person to move among them, videoing the picture, the result of (7) _____ we can see online. Some of these videos are simply amazing! Check them out.

E WRITING . (___/20 marks)

You have read an article discussing the negative effects of social media.

You have made the notes below:

What are the negative effects of social media? ➡ Addiction ➡ online abuse ➡ Fake news

Some opinions expressed in the discussion:

- 'Many young people using social networking sites find it difficult to switch off'
- 'Some online comments can be extremely hurtful'
- 'It's difficult to know what information you can trust'

Write your essay in 220 - 260 words

Write an essay discussing two of the ideas in your notes about the negative effects of social media. You should explain which effect is more worrying ,giving reasons in support of your answer.

- Use appropriate verbal tenses
- Use a formal style, with a wide range of vocabulary and linking words
- Use suitable linking expressions

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper. There are no margins, text, or other markings on the page.