

Name:

Course:

First Conditional – Real Life Situations

Many people use the First Conditional to talk about real and possible situations in the future. We use it when something is likely to happen. The structure of the First Conditional is simple: if + present simple, will + base verb.

For example, if it rains, I will stay at home. This sentence shows a real situation and a possible result. People often use the First Conditional to talk about daily life, school, work, or plans.

If students study for an exam, they will get better results.
If people eat healthy food, they will feel better. These situations are possible and realistic.

The First Conditional helps us understand cause and effect in the future. If we use it correctly, we can explain our plans and decisions more clearly.



1- READ THE TEXT. ARE THE SENTENCE TRUE (T) OR FALSE (F)?

1- The First Conditional is used for real and possible situations.

T ☐ F ☐

2- The First Conditional uses the past simple tense.

T ☐ F ☐

2- MATCHING EXERCISE

1. If it rains

2. If I finish my homework,

3. If I feel tired,

a. I will go to bed early

b. I will stay at home

c. I will watch a movie

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3 - MULTIPLE CHOICE

1- When do we use the First Conditional?

To talk about the past

To talk about real and possible future situations

To talk about unreal situations

To tell stories

2- What is the structure of the First Conditional?

If + past simple, would + verb

If + present continuous, going to

If + present simple, will + base verb

If + past continuous, will

3- Which sentence is an example of the First Conditional?

If I studied, I would pass the exam

If it rained, I stayed at home

If it rains, I will stay at home

If I will study, I pass the exam

4- What does the First Conditional show?

Imagination

Past habits

Cause and effect in the future

Future dreams only