

Introducing Yourself – A1

What is the verb to be?

The verb to be helps us give basic information about a person, such as **name, age, occupation, place, adjectives, hobbies, and favorite things.**

"**Her name is** Sofia. **She is** 10 years old. **She is** from Colombia. **She is** a student, and **she is** in fifth grade. Her favorite color **is** pink, and her favorite hobby **is** drawing. She has a small family. **Her mom is** a teacher, and **her dad is** a chef. She has one brother. **She is** very happy with her family."

VERB TO BE

(am / is / are)



I

I'm



You

You're



He

He's



She

She's



It

It's



We

We're



They

They're



They

are

What are possessive adjectives?

Possessive adjectives show that **something belongs to** someone. We use them **before a noun**.

Remember: Possessive adjectives do NOT change with plural or singular nouns.

Examples:

My book / My books

Their friend / Their friends

POSSESSIVE ADJECTIVES

I → **My**

It → **Its**

You → **Your**

We → **Our**

He → **His**

They → **Their**

She → **Her**

Activity 1: Complete with am / is / are

1. I ___ from Colombia.
2. She ___ a student.
3. They ___ in the same class.
4. You ___ my classmate.
5. It ___ an interesting book.
6. We ___ friends.

Activity 2: Choose the correct possessive adjective

1. This is (my / your) name: Ana.
2. He is Pedro. ___ (his / her) favorite sport is soccer.
3. She is Laura. ___ (his / her) hobby is dancing.
4. We are classmates. ___ (our / their) teacher is Mr. Ruiz.
5. They have a dog. ___ (its / their) dog is very cute.

Activity 3: Match the Questions with the Answers

- A. Are you from Mexico?
- B. Is she your sister?
- C. Are they students?
- D. Is he a doctor?
- E. Are we in room 5?

1. No, she isn't part of my family.
2. Yes, I am Mexican.
3. No, his job isn't in a hospital.
4. Yes, they are at the university.
5. No, we aren't in the same classroom.

Activity 4: Complete the introduction

Hello! My name ___ Camila. I ___ 20 years old. I'm from Bogotá.

This is ___ friend Sara. She ___ a musician. ___ favorite hobby is singing.

We ___ in the same English class.

Activity 5: Write about yourself: Write a short paragraph using to be and possessive adjectives.

Example: I'm Juan. I'm 18 years old. I'm from Cali. My favorite sport is basketball...
