

## Activity 1

# Daily Routines: Ordering Sentences and Understanding Everyday Activities

### DANIEL'S DAILY ROUTINE

My name is Daniel, and I am 13 years old. Every day, I wake up at 6:00 a.m. I usually feel a little sleepy, but I get out of bed and go to the bathroom. I brush my teeth, wash my face, and get dressed for school. Then I go to the kitchen, where my mom prepares breakfast. I usually eat eggs or cereal, and I drink a glass of orange juice. After breakfast, I check my backpack and walk to school at 7:00 a.m.

My classes start at 7:30 a.m., and I study different subjects like math, English, and science. During the break, I meet my friends, and we talk or play soccer for a few minutes. At 12:00 p.m., I go back home for lunch. I eat with my family, and we talk about our day. After lunch, I rest for a short time before starting my homework.

In the afternoon, I do my homework and study for my classes. When I finish, I like to play video games, ride my bike, or watch TV for a while. Later in the evening, I take a shower because it helps me relax. After that, I have dinner with my family. Finally, I go to bed at 9:30 p.m., ready to start a new day.

### SOFIA'S DAILY ROUTINE

Her name is Sofia, and she is 12 years old. Every morning, she wakes up at 6:15 a.m. She stretches, gets out of bed, and goes to the bathroom. There, she brushes her teeth, washes her face, and combs her hair. After that, she gets dressed for school. Then she goes to the kitchen, where her dad has breakfast ready. She usually eats toast, fruit, and a cup of hot chocolate. After eating, she prepares her school materials and leaves home at 7:00 a.m.

She arrives at school around 7:20 a.m., and her classes start at 7:30. She studies subjects like English, history, and art, which is her favorite. During the break, she meets her friends, and they talk or draw in their notebooks. At noon, she returns home for lunch. She eats with her parents and her older brother. After lunch, she rests a little before starting her schoolwork.

In the afternoon, she does her homework and studies for her exams. When she finishes, she likes to listen to music or practice drawing because she loves art. Later in the evening, she takes a shower and helps her mom set the table for dinner. After having dinner with her family, she watches a short TV show. Finally, she goes to bed at 9:00 p.m., ready for the next day.

Activity

[https://es.educaplay.com/recursos-educativos/26848605-daily\\_routine\\_put\\_in\\_order.html](https://es.educaplay.com/recursos-educativos/26848605-daily_routine_put_in_order.html)

## Activity 2

### Mini Routine Writing: "This Is My Day!"

Write 4-5 sentences about your daily routine.

Example:

My name is Daniel. I wake up at 6:00 a.m. I brush my teeth and get dressed. Then I go to school. In the afternoon, I do my homework and play with my friends.

Write your daily routine here:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

words to guide you

have breakfast

do homework

wake up

go to school

go to bed

play

take a shower

watch TV