Name: ..... Date: .....

Centro Integral de Idiomas e Informática
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4th Year
FYE - Mock Exam #1

- ## Reading

1 Read the article and answer true or false

Why Hobbies Are Important for Teenagers

For teenagers, hobbies are much more than just ways to pass time. They serve as powerful tools for personal growth, mental well-being and social development. During adolescence—a period of rapid change physically, emotionally and mentally—having a hobby can make a big difference.

First, hobbies help teens relieve stress and take a break from school, social media and all the pressures they face. Research shows that engaging in enjoyable activities reduces anxiety and gives young people a chance to relax and recharge.

Second, hobbies help teens to build their identity and develop confidence. By choosing a hobby they enjoy—whether it's drawing, coding, playing an instrument or a sport—teenagers explore their interests and strengths. They gain new skills, face challenges and experience achievement, which boosts self-esteem.

Third, hobbies foster social connections and teamwork. Many hobbies involve groups or clubs, where teens meet others with shared interests. These environments help them make friends, learn cooperation and feel a sense of belonging.

Fourth, having a hobby teaches time-management and goal-setting. When teens commit to regular practice or improvement in a hobby, they learn to balance their time between schoolwork, leisure and the hobby itself. These are useful skills for both school and life beyond.

Finally, hobbies are not only helpful now, but they can help future opportunities too. Skills developed through hobbies—like creativity, discipline or leadership—can be valuable in higher education or careers.

In short, hobbies provide teenagers with fun, expression, challenge and growth. Encouraging teens to explore what they love can lead to richer, healthier and more balanced lives.

1. Hobbies can help teenagers reduce stress and improve their mental health. ____
2. Having a hobby means a teenager has to earn money from it. _____
3. When teenagers choose hobbies, they explore their interests and build confidence. _____
4. Hobbies only benefit teenagers socially, not in their academic or personal growth. ____
5. If a teenager never tries any hobby, they might be more likely to engage in risky behaviour. ____

2 Now answer the questions based on the text

1. What is one reason that hobbies help teenagers according to the article?

   _____

2. How can hobbies help teenagers discover their strengths or passions?

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_____

3. In what ways do hobbies support teenagers socially?

_____

4. What is one example of how a hobby can teach a teenager to manage their time?

_____

5. Why might hobbies be helpful in preventing risky behaviour among teenagers?

_____

- ## Use of English

1 Complete the text with the correct form of the verbs in brackets. (past simple or present perfect)

My Last Volleyball Game

Last Saturday I (arrive) _____ at the sports centre feeling excited because I (play) _____ for our school team. We (train) _____ hard all week, and I (never / feel) _____ as ready as I did that day. The gym was full of cheering friends and parents, and the other team (already / warm up) _____ when we walked in.

During the first set I (serve) _____ confidently and my team (win) _____ it easily. But when I (hit) _____ the ball too hard in the second set, I (slip) _____ and I (fall) _____. Luckily, I (not / hurt) _____ myself seriously, and I (get) _____ back up quickly. I (realise) _____ that if I (practise) _____ more often, I (would / improve) _____ much faster.

By the final set, our captain said: "If we (focus) _____ now, we (can) _____ win this match." So we (work) _____ together and we (manage) _____ to score the final point. When the whistle (blow) _____ I (feel) _____ proud because we (achieve) _____ our goal. I (have) _____ many games before, but this one (be) _____ the most exciting.

If I (be) _____ you, I (tell) _____ you to try team sports because you (learn) _____ so much about effort, friendship and fun. I (already / learn) _____ lessons that go beyond the court — and I know that in future games I (will / do) _____ even better.

2 Complete the sentences with these words:

moon · star · waves · sand · cliff · amazing · huge · dangerous · clouds · pretty

1. The children built a castle on the _____ by the sea.
2. I watched the _____ crash against the rocks during the storm.
3. White _____ floated across the sky before the sunrise.
4. At night we saw one bright _____ twinkling above the waves.
5. A tall _____ rose near our beach, casting a shadow over the water.
6. The view from the top of the hill was absolutely _____ — I took many photos.
7. We saw a _____ wave that almost reached the boardwalk!
8. Some parts of the rock face looked _____ to climb without a rope.
9. The garden was full of _____ flowers in shades of pink and purple

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10. A pale _____ appeared over the horizon, marking the end of the day.

3 Complete the sentences with the correct form of must or have to and the verbs in brackets

1. You _____ (submit) your project by next Monday.
2. Students _____ (use) mobile phones during the exam.
3. Our teacher says we _____ (revise) for the test this evening.
4. You _____ (bring) snacks to school if you don't want to—but you _____ (share) them with your classmates.
5. She _____ (wear) a uniform every day at her school.
6. They _____ (arrive) late again—if they do, they _____ (sign) in at the office.
7. We _____ (copy) someone else's work. That's not allowed.
8. He _____ (clean) the lab after class, but he _____ (clean) it on the weekend.

4 Read the text and choose the correct option A, B, C or D.

THE PHOTOGRAPHER'S CORNER

Are you looking for a new hobby or do you just want to spend [1]_____ time outdoors capturing the world? Maybe you enjoy [2]_____ snapshots of your family, or you're [3]_____ exploring cityscapes after school. We've got something for everyone at The Photographer's Corner. This month, Leo Martin is going to share his journey. Leo's [4]_____ on wildlife photography and he's going to show his favourite shots of birds and small mammals. Why don't you [5]_____ along on his photo-walk? All you need is a camera or smartphone and a few [6]_____ accessories. What are you waiting for?

1	A: quiet	B: fun	C: busy	D: secret
2	A: keeping	B: taking	C: buying	D: reading
3	A: for	B: about	C: into	D: by
4	A: thinking	B: talking	C: writing	D: learning
5	A: come	B: go	C: join	D: hang
6	A: lenses	B: tyres	C: toys	D: ingredients

- Writing

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Articles for 'Activity News'

Do you know someone with an interesting or unusual hobby? Why do you think they do that hobby?

Explain whether you'd like to do this hobby or not.

Write an article for our magazine. We'll put the best ones in next week's issue.

Write your article in 100 words.

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