

6

My day

6.1 Vocabulary

1 What can you do in this room? Tick (✓) for yes and put a cross (X) for no.



- 1 ☒ tidy my room
☐ have a shower
☐ listen to music
☐ do my homework
☐ hang out with my friends



- 2 ☐ have lessons
☐ have lunch
☐ watch TV
☐ get up
☐ have breakfast

LOOK!

have breakfast/lunch/dinner
have **a** shower
have lesson**s**

2 Find and circle eight words. Then complete the expressions.



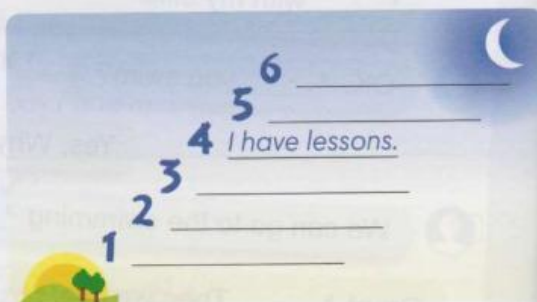
- 1 do my homework
2 tidy my _____
3 have _____
4 have a _____
5 listen to _____
6 go to _____
7 watch _____
8 hang out with my _____

3 Complete the sentences with the words in the box.

do get up go go have have

- 1 I have lessons.
2 I _____ in the morning.
3 I _____ my homework.
4 I _____ to bed.
5 I _____ to school.
6 I _____ breakfast.

4 Write the sentences in Exercise 3 in the order you do them on a typical day.



I remember **that!**

5 Look and cross out the wrong answer.

in the bathroom listen to music / have a shower / have lessons	in the living room get up / watch TV / hang out with friends
in the kitchen tidy my room / listen to music / have breakfast	in the bedroom do homework / have a shower / go to bed

Present Simple affirmative

+	I/You	listen to music.
	He/She/It	listen <u>s</u> to music.
	We/You/They	listen to music.

1 Circle the correct answer.

- Jen watch / watches TV after dinner.
- Alex do / does his homework in his room.
- Lucas and Alex play / plays football in the park.
- Jen and Alex get up / gets up late.
- Lucas's mum listen / listens to music in the kitchen.
- Lucas go / goes to school with Jen and Alex.

LOOK!

get → gets watch → watches tidy → tidies
make → makes go → goes have → has

2 Complete the table.

I/you/we/they	he/she/it
play	<u>plays</u>
2 _____	does
draw	3 _____
4 _____	drinks
5 _____	looks
wash	6 _____
7 _____	carries

3 Write sentences about Sam.

1 I have breakfast at 7 o'clock.

Sam has breakfast at 7 o'clock.

2 I go to school with my sister.

3 I do my homework before dinner.

4 I watch TV after dinner.

5 I play football with my friends.

4 Complete the sentences. Put the verbs in the correct form.

- My brother and I like (like) orange juice but my sister _____ (drink) milk.
- Mum and dad _____ (watch) TV and my sister and I _____ (play) computer games after dinner.
- Rob _____ (tidy) his room and he _____ (help) in the kitchen too.
- Sue _____ (have) sandwiches for lunch. She _____ (eat) them in the classroom.
- I _____ (hang out) with my friends after school. Then I _____ (have) dinner.
- Harry _____ (do) his homework and then he _____ (watch) TV.

* 5 Complete the table. Write sentences that are true for you.

	Laura	Me
1 has lunch		_____
2 do my homework		_____
3 play		_____
4 like		_____

1 Laura has lunch at school.

I _____.

2 Laura _____ her _____.

I _____ my _____.

3 Laura _____.

4 Laura _____.

Extra Online Practice

Unit 6, Video and Grammar
www.myenglishlab.com

Adverbs of frequency

■■■■■	We always hang out with our friends.
■■■■□	He usually goes to the gym.
■■■□□	I often visit my grandma.
■■□□□	She sometimes has dinner with us.
□□□□□	They never get up late.

1 Complete the sentences with adverbs of frequency.

- Jack ■■■□□ sometimes cycles to school.
- Emma ■■■■■ _____ has breakfast at home.
- Pete ■■■□□ _____ does his homework in his bedroom.
- I ■■■□□ _____ play in the park.
- We □□□□□ _____ watch TV in the morning.
- My parents ■■■□□ _____ go out with their friends.

Adverb + verb

I **always** have breakfast.
They **never** get up late.

Adverb + to be

I am **always** happy.
They are **never** late.

2 Rewrite the sentences. Use the word in brackets.

- I'm busy on Saturdays. (often)
I'm often busy on Saturdays.
- Kit helps me at home. (often)

- Uncle Roberto visits me. (sometimes)

- I cook dinner. (never)

- Kit is happy. (always)

- Kit and I have fun. (usually)



3 Vocabulary Complete the days of week. Then put them in the correct order.

We _ _ _ _ _ esday
_ ue _ day
1 M _ _ _ _ nday
Sat _ _ _ _ _ day
_ u _ _ _ _ day
Th _ _ _ _ _ rday
_ _ _ _ _ rday

4 Look at the information about Tom and write sentences.

1 be late for school?
never

2 get up late?
usually (on Sunday)

5 play computer games?
sometimes

4 play football?
often (on Saturday)

3 be happy?
usually



1 Tom is never late for school.

2 He _____.

3 He _____.

4 He _____.

5 He _____.

* 5 Look at Exercise 4 again. Write sentences that are true for you.

1 I _____ late for school.

2 _____

3 _____

4 _____

5 _____

15 Telling the time

A: What time is it?

B: It's  four o'clock.

A: What time is the film/match?

B: It's at  ten (minutes) past four.

 quarter past four.

 half past four.

 quarter to five.

 ten (minutes) to five.

1 Match clocks a-h to expressions 1-8.

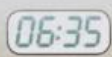
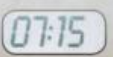
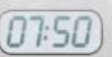


- 1 ☒ b six o'clock
- 2 ☐ quarter to five
- 3 ☐ half past two
- 4 ☐ five to one
- 5 ☐ quarter past one
- 6 ☐ five past five
- 7 ☐ twenty to nine
- 8 ☐ ten past nine

2 Complete the sequences.

- 1 twelve o'clock - five past twelve - ¹ ten past twelve -
quarter past twelve - ² _____ -
twenty-five past twelve - ³ _____
- 2 half past two - ⁴ _____ - twenty to
three - quarter to three - ⁵ _____
- ⁶ _____ - three o'clock

3 Look at the TV schedule. Then complete the questions and answers.

				
Pet Time	Super Girl	Happy Days	That's Magic	The Great Big Talent Show

- 1 A: What time is *Pet Time*?
B: It's at six o'clock.
- 2 A: What time is *That's Magic*?
B: _____?
- 3 A: _____?
B: It's at five past seven.
- 4 A: _____?
B: It's at twenty-five to seven.
- 5 A: What time is *the Great Big Talent Show*?
B: _____?
- 6 A: OK. _____ now?
B: It's five to six. Hurry up!

4 Put the dialogue in the correct order.

- a ☒ 1 What time is it, Mandy?
- b ☐ No, I'm not. I'm late for my music lesson.
- c ☐ It's at quarter to six. Bye!
- d ☐ It's half past five. Oh no!
- e ☐ What's wrong? Are you OK?
- f ☐ Oh dear. What time is your music lesson?

5 Complete the sentences for you.

- 1 I get up at _____.
- 2 I have breakfast at _____.
- 3 I go to school at _____.
- 4 I do my homework at _____.
- 5 I go to bed at _____.

Extra Online Practice

Unit 6, Video and Communication
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Hi. I'm Mike. I'm ten and I'm American. I live in New York. My school is very big. I like sport. I'm not very good at Art but I love it. I have lunch in the classroom. I usually have pizza! After school I always hang out with my friends. We sometimes play basketball or we go to the park.

My name is Dasha and I'm nine. I go to a special school. It's a ballet school! After breakfast we have lessons. My favourite lessons are Maths and English. Then we have lunch. I often have pancakes! After lunch we always dance. I'm always busy.



1 Read the texts. Match photos A-F to Mike or Dasha.

- 1 Mike ☒ ☐ ☐
2 Dasha ☐ ☐ ☐



2 Read the texts again. Circle T (true) or F (false).

- | | |
|---|--|
| 1 Mike likes Art. | ☒ T / ☐ F |
| 2 He eats pizza in the classroom. | ☐ T / ☐ F |
| 3 He never goes to the park after school. | ☐ T / ☐ F |
| 4 Dasha likes Maths. | ☐ T / ☐ F |
| 5 She has pancakes every day. | ☐ T / ☐ F |
| 6 She has lessons after lunch. | ☐ T / ☐ F |

3 Read the texts again. Complete the sentences with one or two words in each gap.

- 1 Mike goes to a _____ school.
2 He plays basketball with _____.
3 Dasha _____ after breakfast.
4 Dasha is always _____.

4 **Vocabulary** Order the letters to make months.

- 1 **ecmeDreb** December
2 **barrFeuy** _____
3 **nJeu** _____
4 **oOcbetr** _____
5 **priAl** _____
6 **utgusA** _____

5 Complete with the words in Exercise 4.

January ¹ _____ March
² _____ May ³ _____
July ⁴ _____ September
⁵ _____ November ⁶ December

1 16 Listen to Andy and complete the notes.

Andy's holidays

Country: 1 Italy
 Aunt's nationality: 2 _____
 Aunt's job: 3 _____
 Favourite place: 4 _____
 Favourite game: 5 _____



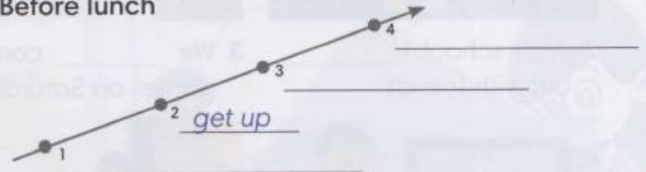
2 16 Listen again. Circle the correct word.

- 1 Andy always / usually goes on holiday in August.
- 2 After breakfast they usually / often go to the beach.
- 3 They always / often have a picnic on the beach.
- 4 They usually / often go to bed after lunch.
- 5 He always / never gets up early.

4 Read the blog again. Put the activities in the boxes in the correct order.

get up hang out with friends
 have breakfast play computer games

Before lunch



go to bed have dinner
 help my parents watch TV

After lunch



3 Circle *before* and *after* in Jane's blog post.

August

We never go to school in August.
 It's a holiday! I get up late. I often play computer games before breakfast. I never have breakfast in bed. I have it in the kitchen. After breakfast I often hang out with friends. Before dinner I sometimes help my parents. I usually watch TV after dinner. I often go to bed late.

5 Write about your typical holiday day. Use *before* and *after*.

Vocabulary

1 Complete the sentences with one word in each gap.



0 In the morning,
I get up at 7 o'clock.



1 We _____ lessons all day.



2 After school, I _____ out with friends.



3 We _____ computer games on Saturdays.



4 Before bed,
I _____ TV.



5 At night, I _____ to bed at 9.

2 Complete the sequences.

0 January February March

1 July September

2 Friday Sunday

3 October December

4 March May

5 Tuesday Thursday

Grammar

3 Complete the sentences. Put the verbs in the correct form.

0 Tom gets up (get up) early.

1 We _____ (go) to a big school.

2 Sally _____ (like) chocolate ice cream.

3 Harry _____ (tidy) his room on Sundays.

4 They _____ (do) their homework in the living room.

5 I _____ (have) lunch in the park.

☐ / 5

4 Put the words in the correct order.

0 walk They always school to .

They always walk to school.

1 always I busy am .

2 play We tennis often .

3 watches never Mum TV .

4 I room sometimes my tidy .

5 is Jess late usually .

☐ / 5

Communication

5 Complete the dialogues with one word in each gap.

1 A: What ⁰ time is lunch?

B: It's at half ¹ _____ twelve.

2 A: What time ² _____ it?

B: It's ten ³ _____ to five.

3 A: What time is the film?

B: It's ⁴ _____ six o'⁵ _____.

☐ / 5

Vocabulary ☐ / 10

Grammar ☐ / 10

Communication ☐ / 5

Your total score ☐ / 25

Extra Online Practice



Unit 6, Language Revision

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Word blog: My day

1 My photos Look and complete.



1 I get up at h a l f s i x.



2 I have a _____ at seven _____.



3 I have _____ at _____ to one.



4 I _____ my homework at half past _____.

2 My quiz Read and complete.

the day 'before'
Monday

Sunday

the day after
2 _____

Saturday

the day before
Thursday

3 _____

the month
4 _____ May

April

the month after
5 _____

July

the month
after January

6 _____

3 Get more Match 1-4 to a-d to make expressions.

play 1

a Australia
my grandparents

go 2

b computer games
with my pet
the piano

have 3

c dinner
swimming lessons

visit 4

d to bed
to the gym
to the cinema

Get more words

Get ready for school!



Look at the pictures. In your notebook, write what Daisy does on Saturdays.



- always
- usually
- sometimes
- never

Daisy sometimes tidies her room on Saturdays.

My name is Justine. I'm eleven and I'm a dancer. I'm sometimes on TV!



A week at my school

I always get up at half past six. I have breakfast and then I go to school. My school is a special dancing school. We have dancing lessons after school on Mondays, Wednesdays and Fridays. We run, jump and dance! We often make videos. That's very cool. Then I go home and do my homework. I have dinner and speak to my family. I usually go to bed at half past nine.

At the weekend I usually hang out with my best friend, Madalena. We are classmates. We speak about our lessons and watch videos about our favourite dancers.

Reading and Writing

1 Read the text. What is it about? Circle the correct answer.

- a A girl.
b A school.

☐ / ☐ 1

2 Read the text again. Circle T (true) or F (false).

- 0 Justine can dance. ☐ T / ☐ F
1 Justine gets up early. ☐ T / ☐ F
2 Justine never has breakfast at school. ☐ T / ☐ F
3 Her dancing lessons are on Thursdays. ☐ T / ☐ F
4 The students never make videos in their dancing lessons. ☐ T / ☐ F
5 Madalena isn't Justine's sister. ☐ T / ☐ F
6 Justine and Madalena make videos at the weekend. ☐ T / ☐ F

☐ / ☐ 6

3 Complete the text with the words in the box. There are two extra words.

My day



I get up early every day. I have a ⁰ shower and then I have breakfast. Mum sometimes makes ¹ _____! I usually ride my bike to school. I always do my ² _____ at school after lessons. Then I go home and I tidy my ³ _____. I have dinner with my family and we all watch ⁴ _____. I sometimes hang out with my ⁵ _____ after school on Fridays. We listen to music and we speak about our week.

Example



shower



homework



television



pancakes



computer



bike



friends



bedroom

☐ / ☐ 5

4 Write five sentences about what Alice usually does on Mondays.

- 0 get up **07:15** 4 do my homework **05:00**
 1 have breakfast **08:00** 5 have dinner at granny's house **06:45**
 2 go to school **08:30**
 3 have lessons all day!

0 Alice gets up at quarter past seven.

- 1 _____
 2 _____
 3 _____
 4 _____
 5 _____

☐ / 5

Listening

5 17 Julie is with her mum's friend, Mrs Williams. Mrs Williams has got some family photos. Listen and match names 0-4 to pictures A-F. There is one extra picture.

- 0 Rob ☒ D 2 Barny ☐ 4 May ☐
 1 Ann ☐ 3 Karen ☐



☐ / 4

Communication

6 Read the sentences and circle the best answer.



- 0 Alex: Can you sing?
 Kim: A I often sing.
 B Yes, you can!
 C Yes, I can!
 1 Alex: Let's go to Music Club after school.
 Kim: A No thanks. It's cool.
 B Me too.
 C Not again!
 2 Alex: I know! We can go to the cinema!
 Kim: A I'm fine, thank you!
 B Great idea!
 C It's over there!
 3 Alex: What time is the film?
 Kim: A It's at half past five.
 B It's on Wednesday.
 C It's very funny.
 4 Alex: Let's ask Michelle to come.
 Kim: A OK, we can phone her.
 B Michelle, here you are.
 C OK, Michelle can help.

☐ / 4

Reading and Writing ☐ / 17

Listening ☐ / 4

Communication ☐ / 4

Your total score ☐ / 25