



FOOD * WITHOUT * BORDERS

First, let's talk about restaurants...

How often do you go to a restaurant? / How often did you use to go there before the pandemic?

Is it typical in your country to eat out on a regular basis? If yes, which meals?

Do you have a favourite one or a preferred kind of place to eat out?

What special needs or requirements can people have concerning food?

Are any types of restaurants where a particular group of people would go while others wouldn't?

What else stops people from being frequent visitors in restaurants?

On the other hand, do people tend to overpay for meals or overeat in your country?



Can you think of any other potentially negative aspects of functioning of a restaurant?

What usually happens with food that hasn't been eaten?

Apart from cooking and serving food, what other purposes could restaurants serve?

How can customers contribute to them or reward their owners or event holders?

Preparation: write the words or phrases in relevant sentences.

consistent

tendency

remove yourself

hospitality

equal grounds

non-for-profit

inclusion

Some diners have a _____ to leave a substantial part of their meal on the plate, because it's already

As volunteers, we're all on _____. Nobody is worse or better than others.

Perfection doesn't come in on day. A lot of _____ work must be done to achieve it.

Some people feel marginalized and need _____ to become an integral part of the society.

She took advantage of our _____ and stayed a whole month without paying us anything.

If you feel embarrassed, you will probably seek to _____ from people's company.

As a _____ organization, they don't rely on any financial support from the government.



While watching: Tick true options according to the video.

- | | |
|---|---|
| <p>The community in St. Kilda didn't</p> | <p>want to constantly have celery in their meals
always recognise people going on weekly salary
always have a stable income</p> |
| <p>Some people, who didn't have money to pay for their food</p> | <p>were asked to pay next week
asked if they could pay later
wanted to pay with their paychecks</p> |
| <p>If you can't afford to pay</p> | <p>you can only participate in certain other projects
you can spend a couple of hours shopping for vegetables
you can take orders and serve food instead</p> |
| <p>The community space</p> | <p>quite often provides professional cooking workshops
provides a chance to give or assist classes
is where you can develop a tendency to remove yourself from humans</p> |
| <p>At 'Lentil'</p> | <p>everyone is treated equally
people who are going through a difficult time are seated in quiet space
you are offered food according to your mood</p> |

While watching: find out what the information refers to and complete the notes:



Year started:

: St. Kilda,

Number of participants initially: or

Cost of rent: \$ a

Weekly : of dollars

food gets through Food

Number of a day: to



While watching: put parts of sentences together. Be careful! Some of them come in three pieces. You may need to rewatch the video.

Their community there didn't always (go)...

Quite often, when you're going through...

Being around people has a huge impact...

We're all about inclusion...

A chance to participate no matter...

You're on equal grounds with...

That goes straight...

We are non-for-profit, so...

...to remove yourself from humans.

...no matter what their belief system is.

...everybody else, you're treated with...

...a difficult time you have a tendency...

...giving people a chance to eat here...

...like I said, we don't...

...on a consistent salary

...the same level of respect as everybody else.

...get any outside funding.

...into the running cost

...a conversation with a person across the table from you.

...and eventually you might strike up...

...what their level of English or hospitality experience is.

Vocabulary: Write nine of the words in **Gold** from the previous activity in boxes with the matching synonyms or explanations.

expenses like rent, gas or food

acceptance, involvement

What someone believes in or is convinced of

reception, generosity

steady, regular payment

have an effect, to influence

experiencing, undergoing, suffering

Operated for a collective benefit rather than money

on the same level

Reading preparation: join the pictures with the right words



matcha



front of house functions



to mentor

mutual

chai latte

buffet



Reading: read the texts, then choose the best title for each of them. There are two extra titles.

Volunteer experience

Barista training

Hospitality training

Essential skills

We are able to provide hands-on training based on individual needs and capabilities, both in front and back of house operations, and in both a la carte and Buffet services.

Volunteers learn a variety of tasks step by step, ranging from Hosting and Floor Service roles to Food Preparation and Back of House administration.

As a mutual exchange we are able to provide food, mentoring and references for our volunteers. Many of our volunteers credit this experience as a pathway to paid hospitality employment.

We are fortunate enough to be able to offer a quality Barista Training experience where volunteers commit to shifts in the Lentil cafes and learn all aspects of coffee making.

Our experienced baristas mentor and guide volunteers during their volunteer shift in all elements of cafe service. From quality and efficient coffee making, to plating up, serving drinks, cashier skills and making speciality beverages, such as chai lattes, matcha and juices, our trainees learn the whole lot.

Our cafe training program graduates have a high rate of gaining employment following their training at a Lentil cafe.

Reading comprehension:



In what ways can volunteers and the restaurant benefit from each other?



Do they ever work paid shifts?



What does the barista training include?

Trainees at 'Lentil' aren't very likely to get employed. T/F

Trainees are under guidance T/F

Each one receives a standard training T/F

Vocabulary extension: Write the opposite meanings found in the texts:

front of house operations

a la carte

Drag examples or synonyms next to each function :

self-served

bartender, manager,

individually ordered

dishwasher, chef