

Worksheet: British Food

Grade: 10

Topic: British Cuisine

Based on the video: *Top 10 British Foods*

(<https://yandex.kz/video/preview/3850496235622735353>)

Part 1: Open-Ended Questions

1. What traditional British dishes are highlighted in the video? Describe at least two and explain why they are considered iconic.
2. How do the dishes in the video reflect British history or regional traditions? Provide examples.
3. Which dish from the video would you like to try the most, and why?

Part 2: Short Answer Questions

1. What ingredients are commonly included in a “full English breakfast”? Name at least three.
2. According to the video, why is fish and chips considered a symbol of Britain?
3. What makes Sunday Roast an important weekly tradition for many British families?

Part 3: Drag and Drop (Fill in the Blanks)

Instructions: Complete the text by dragging the correct words into the blanks.

Words: traditional, fish and chips, 19th, roast dinner, sausages, pudding

British cuisine includes many _____ dishes that are well-known worldwide. One of the most famous is _____, which became popular in the _____ century. Another well-loved meal is the _____, usually served with vegetables and gravy. Some dishes, like bangers and mash, feature classic British _____, while others include items such as Yorkshire _____.

Part 4: Matching

Instructions: Match the British dish with its description.

- | Dish | Description |
|-------------------|---|
| 1. Cornish Pasty | A. A meat dish baked under mashed potato topping |
| 2. Shepherd's Pie | B. A baked pastry filled with meat and vegetables |

Dish	Description
3. Scotch Egg	C. A boiled egg wrapped in sausage meat and fried
4. Roast Dinner	D. A traditional meal with roast meat, potatoes, and vegetables

Part 5: Choose the Correct Word/Phrase

Instructions: Select the correct word or phrase.

1. The British often drink _____ (tea / lemonade) during breakfast.
2. A popular street food shown in the video is _____ (bangers and mash / fish and chips).
3. A typical Sunday meal in the UK is the _____ (Sunday Roast / pizza night).

Part 6: Multiple Choice Questions

1. Which of the following are common components of a full English breakfast?

(Multiple answers may be correct.)

- a) Sausages
- b) Fried eggs
- c) Noodles
- d) Toast
- e) Baked beans

2. What is the main meat traditionally used in Shepherd's Pie?

- a) Beef
- b) Lamb
- c) Pork
- d) Chicken

3. Which of the following dishes is *not* British?

- a) Eton Mess
- b) Cornish Pasty
- c) Tiramisu
- d) Sticky Toffee Pudding