

# Reading practice FACT FILE: Helping others

## FUN FACTS:

- 5 September is the International Day of Charity.
- The largest sponsored walk was in the Philippines. There were more than 175,000 people!

Helping others is a great thing to do. You can learn new things and have fun. You can help people, animals or the environment. It can make you feel good too! How can you help?



Charities are organisations that help others, for example, UNICEF or the World Wildlife Fund. You can help charities by giving your time, giving money or giving things that you own. You can also help people or places you know.

## Volunteering

Volunteering is when you give your time to help others. Some ways of volunteering are:

- visiting old people to talk to them or help them
- walking dogs at an animal shelter
- cleaning up a park.



## Fundraising

Fundraising is when you collect money to help others. Some ways of fundraising are:

- making cakes or biscuits to sell
- doing a sponsored activity. For example, family and friends give you money if you finish a long walk.

## Donating

Donating is when you give your things to help others. Some ways of donating are:

- giving your old toys or clothes to a charity that helps sick children or poor people
- giving your old books to a library.



**Choose the right answer:**

**1. What is the International Day of Charity?**

- a) 5 October      b) 5 September      c) 5 November      d) 5 December

**2. Where was the largest sponsored walk held?**

- a) Ecuador      b) The United States      c) The Philippines      d) The United Kingdom

**3. Which of the following is an example of fundraising?**

- a) Visiting old people to talk to them      b) Walking dogs at an animal shelter  
c) Making cakes or biscuits to sell      d) Giving old books to a library

**4. What is one way to help charities mentioned in the text?**

- a) Buying new toys      b) Giving money      c) Selling your house      d) Traveling abroad

## Select True or false

1. Helping others can make you feel good. True / False
2. The largest sponsored walk had fewer than 100,000 people. True / False
3. Donating means giving your time to help others. True / False

## Match with a line the term on the left with the correct definition on the right:

- |                |                                                                    |
|----------------|--------------------------------------------------------------------|
| · Volunteering | A. Collecting money to help others, for example by selling cakes   |
| · Fundraising  | B. Giving your time to help others, like walking dogs at a shelter |
| · Donating     | C. Giving things you own, such as old clothes to a charity         |

