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OPTIMISE B1+ 5TH ADOLESCENTS

STUDENT'S NAME: _____

READING

An educational summer

A Joshua

I worked as an assistant for a tennis coach. It was a temporary job and the wages were low, but it was better than spending all summer at home. I helped the coach organise the training sessions. I had to get the equipment we needed: balls, the cones that the players had to run around and the machine which served the balls automatically. I also had to get the balls when the players hit them out of the court. That was the worst part, especially if I couldn't find the ball. Some of the players were very young and the coach was very hard on them. He only got angry with me if there were no balls in the machine. I don't think I learnt a lot but I kept fit!

B Sanjay

I spent my summer learning to be a football referee. Some people thought I was mad but it was a great experience. I had to memorise all the rules, that was the boring part but also the most important. We also had to keep fit, so we ran about 10 kilometres each day. And we learnt about psychology, which I didn't expect to do. A referee needs to keep calm when the players get angry. Sometimes referees make mistakes but players should respect the fact that referees are doing their best. I paid £130 to do the training, I passed the course and got a certificate. Now I can referee and earn money!

C Harry

I had a brilliant summer. I did a course on blogging. There were eight of us on the course. Our teacher is a designer and her blog has half a million followers! She blogs about interior design and has written three books. The course was very well organised. The first day we learnt what to write, the second day was about how to get the reader's attention. On day three, we looked at page design, graphics and how to keep people on your website. Day four was practical, we wrote our first posts and read each other's work. I think I learnt the most that day. On day five we published our blogs. My blog only got two followers at first, but now it has 75! My parents paid for the course as a birthday gift.

D Steve

I spent my summer working in a kitchen. Well, I say working but I didn't get any money. It was work experience organised through school. We learnt about food preparation, how to use kitchen utensils and equipment and how to present food. Over two weeks we were taught by seven students training to be chefs. I think one of the teachers thought he was a famous chef because he loved shouting at us when we made mistakes. We laughed as he was not much older than us. I don't think I will be a chef but I got a lot of confidence from the experience. My mum and dad were amazed when I cooked a three-course meal for them!

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LIVEWORKSHEETS

A. Read the text. Find a word or phrase in the text that is a synonym for these words and phrases.

1 an amount of money that you earn for working _____

2 crazy _____

3 something that you use for cooking or eating with e.g. knives and forks _____

4 a combination of a starter, main course and dessert _____

Score: / 4

B. Read the text. For questions 1-7, choose from the four people (A-D). The people may be chosen more than once.

Which person

1 had a teacher who was a successful author? _____

2 felt he believed in himself more after the experience? _____

3 had to study how people think and behave? _____

4 found people's immediate reaction to his work a bit disappointing? _____

5 is excited about the possibility of getting paid in the future? _____

6 had to do more work when others made mistakes? _____

7 learnt more by doing activities than listening to the teacher? _____

8 didn't mind the tough approach of the instructor? _____

Score: / 16

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LIVEWORKSHEETS