

5. **Felicity Aston** is a British adventurer and climate scientist. In 2012, she became the first person as well as the first woman to ski alone across the Antarctica using only personal muscles power.



6. **Amelia Hempleman-Adams** is a daughter of a British industrialist and adventurer. She was aged just 16 years 190 days when she reach the South Pole on 9th December 2011, after skiing 156 km. She and her father spent 17 nights in Antarctica in the temperature as low as -50 °C.



## FIND OUT

- How many days did Roz Savage spend at sea?  
a. More than 1000 ☐ b. More than 500 ☐  
c. Less than 200 ☐ d. Only 300 ☐
- \_\_\_\_\_ is a British adventurer and climate scientist.  
a. Tsutomu Yamaguchi ☐ b. Roz Savage ☐  
c. Felicity Aston ☐ d. Lhakpa Tenzing Sherpa ☐
- Identify the nation whose citizen reached the summit of Mount Everest for the record-breaking 21 times.?  
a. India ☐ b. China ☐  
c. Nepal ☐ d. Bhutan ☐
- How many nights did Amelia Hempleman-Adams spend in the freezing temperature of Antarctica?  
a. 10 ☐ b. 15 ☐  
c. 17 ☐ d. 20 ☐
- To which among the following nations does the first female who skied solo across Antarctica belong?  
a. USA ☐ b. UK ☐  
c. France ☐ d. Japan ☐