

PAST SIMPLE:

AFFIRMATIVE: subject + V-ED/ _____ + complements NEGATIVE: subject + _____ + infinitive + complements INTERROGATIVE: _____ + subject + infinitive + complements ?	Completed action that took place at a specific time in the past (we know this thanks to time expressions)	I watched a movie yesterday with my friends. You broke the glass some minutes ago. She didn't play tennis last weekend.
	Sequence of actions in the past/narrative	She woke up, handed in his exam and left the room. It was late night; he heard a strange noise and approached the door.
	Past routines or habits	Every morning last year, I walked to work at 7 am.

TIME EXPRESSIONS: ago/last week/last month.../yesterday/ a few days ago/ in 2012/in January/WHEN/the other day...

PAST CONTINUOUS:

AFFIRMATIVE: subject + TO BE IN PAST (____/____/ + VERB - ____ + complements NEGATIVE: subject + TO BE IN PAST (NEGATIVE) (____/____/ + VERB - ____ + complements INTERROGATIVE: TO BE IN PAST (____/____/) + subject + VERB - ____ + complements?	An action in progress in the past interrupted by another one. (usually, the interrupting action is past simple)	Yesterday at 7pm, I was running in the park when my dad phoned me. At this time last week, was studying for the Biology test.
	The action in progress happens at a specific time in the past.	
	Background information in a narrative	People were talking , children were playing , and soft music was playing in the background.
	Two actions taking place at a specific time in the past	While the teacher was explaining , we were looking at the board.

TIME EXPRESSIONS: as/while/ at nine o'clock/ at midnight.../ yesterday (all the expressions referring to past simple but specifying the time/moment)