

### 1 Match the definitions to the verbs in the box.

cool down   cut out   eat out  
eat up   fill up on   ~~go off~~   heat up  
live on

- when food is too old and is no longer suitable to eat  
..... go off .....
- to eat in a restaurant .....
- when the temperature of something reduces .....
- to make food hot .....
- to remove a food or drink from your diet .....
- to eat mainly one type of food .....
- to eat in order to stop feeling hungry .....
- to finish eating some food .....

### 2 Complete the sentences with the correct form of the verbs in the box.

cool down   cut out   ~~eat out~~  
fill up on   go off   heat up

- Why don't we *eat out* on Friday – we could try that new Italian restaurant?
- Have you ..... the pasta in the microwave yet, or shall I do it?
- I can't drink my coffee yet, it's too hot– it needs to .....
- I really don't think I can eat this – it smells like it's .....
- He used to ..... apples and bananas if he was hungry between meals.
- The doctor told him to ..... red meat from his diet and eat more vegetables.

### 3 Complete the sentences with the adverb form of the words in brackets.

- It was Saturday morning, so the supermarket was incredibly (incredible) busy.
- Tom has become ..... (complete) vegetarian and doesn't eat any meat or fish at all now.
- We ..... (typical) get around 40 to 50 customers a night at this restaurant.
- We don't ..... (necessary) have to eat out at a restaurant, we could have a picnic in the park.
- He ..... (sensible) decided not to accept the offer.
- I had to change my diet ..... (dramatic) when I found out I had diabetes, but I can still eat cheese and fruit.
- My brother apologised and said he was ..... (deep) sorry for what he'd done.

- They would ..... (happy) eat sweets all day long if we let them!

### 4 Put the words in the correct order to make sentences.

- accidentally / dropped / I / the box / and / is ruined / the cake / on the floor  
I accidentally dropped the box on the floor and the cake is ruined.
- recipe / This / complicated / is not / to follow / terribly  
.....
- eat / said / Basically, / more / should / you / fruit / the doctor  
.....
- read / was / I / extremely / her blog / impressed / when / I / last night  
.....
- Travelling / physically / makes / sick / me / feel / back of a bus / at the  
.....
- on the menu, / a great selection / merely / four dishes / There are / that's not  
.....

### 5 Choose the correct options.

- A:** Have you ever done any cooking?  
**B:** Yes, lots. At the weekend I help cook lunch. I used to just cut up vegetables or <sup>1</sup> heat up things, but now I often cook a meal. Dad likes that, he says it feels like he's <sup>2</sup> ..... at home!
- A:** So, you enjoy cooking?  
**B:** Yes, I do. It's fun planning what to eat. I would <sup>3</sup> ..... cook every day if I had the time. What about you?  
**A:** No! None of us cook. We <sup>4</sup> ..... ready-made meals.  
**B:** No wonder you're always <sup>5</sup> ..... do things. You need to change your diet <sup>6</sup> .....! I could show you how to make some simple, healthy dishes that require little <sup>7</sup> ..... That way you could <sup>8</sup> ..... the ready-made meals.
- A:** Thanks.

- |                         |                        |
|-------------------------|------------------------|
| 1 <b>A</b> heat up      | <b>B</b> cool down     |
| 2 <b>A</b> eating up    | <b>B</b> eating out    |
| 3 <b>A</b> completely   | <b>B</b> happily       |
| 4 <b>A</b> go off       | <b>B</b> live on       |
| 5 <b>A</b> too tired to | <b>B</b> so tired that |
| 6 <b>A</b> basically    | <b>B</b> dramatically  |
| 7 <b>A</b> preparation  | <b>B</b> registration  |
| 8 <b>A</b> cut out      | <b>B</b> go off        |