

Do the preparation exercise first. Then read the text and do the exercises to check your understanding.

Preparation

Match the vocabulary with the correct definition and write a–h next to the numbers 1–8.

- | | |
|-----------------------|---|
| 1..... a continent | a. someone who cannot see |
| 2..... a challenge | b. an organisation that helps people in need |
| 3..... freezing | c. something that is difficult but fun to do |
| 4..... a blind person | d. very cold, below 0° Celsius |
| 5..... destruction | e. bad weather with strong winds and rain |
| 6..... a charity | f. destroying something, making something not exist |
| 7..... climate change | g. a big area of land like Africa, Asia or Europe |
| 8..... a storm | h. changes in the world's weather |

1. Check your understanding: true or false

Circle *True* or *False* for these sentences.

- | | | |
|--|-------------|--------------|
| 1. Ed Stafford walked along the Amazon from Brazil to the mountains of Peru. | <i>True</i> | <i>False</i> |
| 2. Ed's walk along the Amazon took 28 months. | <i>True</i> | <i>False</i> |
| 3. Ed was bitten by a snake in the rainforest. | <i>True</i> | <i>False</i> |
| 4. Gerlinde Kaltenbrunner climbed for the first time when she was a nurse. | <i>True</i> | <i>False</i> |
| 5. Gerlinde Kaltenbrunner helps a charity for blind people. | <i>True</i> | <i>False</i> |
| 6. Meagan McGrath had bad weather on her skiing trip to the South Pole. | <i>True</i> | <i>False</i> |

2. Check your understanding: multiple choice

Circle the best option to complete these sentences.

- Ed Stafford was often tired because he didn't have enough *sleep / food* .
- Ed Stafford wrote a blog about climate change *during / after* his walk.
- Meagan McGrath / Ed Stafford* *hasn't travelled* in cold weather.
- Gerlinde Kaltenbrunner is from *Austria / The United States* .
- Erik Weißenmayer / Meagan McGrath* *has ridden a bike across* Canada.
- Erik Weißenmayer has helped blind people to *ride bikes / climb mountains* .

Discussion

Would you like to do any of these things?

Vocabulary Box

Write any new words you have learnt in this lesson.