

5 **3D** Complete the text with the correct forms of *used to* or *would* and the verbs in brackets. Sometimes both forms are correct. Where neither is possible, use the Past Simple.



When I was in my teens, I ¹ didn't use to like (not like) any sports. I ² _____ (often/watch) football league shows on TV with my friends but that was it. My favourite form of 'exercise' was playing video games. I ³ _____ (spend) hours on my computer every day, which made my parents mad. They ⁴ _____ (think) that I really needed to take up a sport to be fitter. Everything changed once I ⁵ _____ (fall) in love with Cori, who was a big fan of CrossFit. I wanted to impress her so I ⁶ _____ (start) doing it, too. At first, I ⁷ _____ (go) to the club once a week but then CrossFit (and Cori) ⁸ _____ (become) my healthy obsession. Now I work out four times a week, and I'm still going out with Cori.

