

1 Reading

- A** Brainstorm! How many different snacks can you think of? Which ones are popular in your country? Make a class list.
- B** Read the article. Which snacks have you heard of? Have you tried any of them?

Reading tip

Writers sometimes start a sentence with a short description of something before they name it. **Originally from Spain**, *empanadas* are baked or deep-fried pastries. . . .

http://www.snacksaroundtheworld... Q

SNACKS AROUND THE WORLD

BAOS

Baos are delicious steamed or baked buns with a variety of fillings such as spicy meat, sweet bean, pickles, or custard. A favorite in many Asian countries, they are delicious at any meal – even breakfast. Although they have been popular for over 2,000 years, people are still coming up with new ideas for fillings – like scrambled eggs or coconut!





MOCHI ICE CREAM

In the 1980s, a Japanese company showed the world a great new way to eat ice cream. They wrapped little ice cream balls in colorful sheets of sticky rice called *mochi*. You can hold these little treats in your hand as you eat them, and the ice cream won't melt on your fingers! Now popular in many countries, frozen mochi ice cream comes in flavors like green tea, chocolate, and mango.

DOLMA

Popular throughout Mediterranean countries, *dolma* are particularly popular as a snack food in Turkey. The best-known dolma are grape leaves stuffed with tasty ground-meat fillings or rice with herbs and spices and a few nuts. (In Turkish, *dolmak* means "stuffed.") Freshly steamed, dolma are delicious with yogurt.





FLAVORED POPCORN

People never get tired of popcorn. Native Americans first ate popcorn over 2,000 years ago, and people around the world still love it today! Buy it ready-made or cook it in a little oil until it "pops." Or make your own microwaved popcorn, and add your own flavors. How about a little cheese, chocolate, or caramel on yours? Some even more creative flavors are baked potato, curry, and taco. What new popcorn flavor can you think of?

EMPANADAS

If you're in Latin America, and you're looking for a quick snack, chances are you're not far from an *empanada* stand. Originally from Spain, empanadas are baked or deep-fried pastries that have a variety of different fillings depending on the region. Traditional fillings often have meat and potatoes or meat with spices, chopped onion, egg, olives, and raisins. In southern Europe, they often have a fish filling. They make a great snack at any time of the day.



C Read the article again. Complete the chart for each snack.

| Name of snack | Popular where? | Cooked? How? | Ingredients / flavors |
|---------------|----------------|------------------------|------------------------------------|
| <i>baos</i> | <i>Asia</i> | <i>steamed / baked</i> | <i>spicy meat, sweet bean, ...</i> |
| | | | |
| | | | |
| | | | |

2 Listening and speaking **Snack habits**

A Have you tried any of the snacks below? Which countries do you think they come from originally?



B 2.19 Listen. How would the three people answer the questions? Complete the chart.

| | Zoe | Josh | Kate |
|--------------------------------|-----|------|------|
| 1. What's your favorite snack? | | | |
| 2. When do you eat it? | | | |
| 3. Do you think it's healthy? | | | |
| 4. Do you know how to make it? | | | |

About you **C** **Group work** Discuss the questions above. Complete a chart like the one above with your classmates' information. Which snacks are healthy? Which do you like?

3 Writing **You should definitely try it!**

A Read the Help note and the article below. What do *like*, *for example*, and *such as* give examples of?

A THAI TREAT

If you visit Thailand, you should try some of the delicious desserts, like sweet sticky rice. People often eat it as an afternoon snack with tea or for dessert. You can order it in a restaurant or buy it on the street at a food stand.

There are many types of sweet sticky rice. For example, people make black sticky rice with a special type of wild rice, and they also make sticky rice with corn. You can put different toppings on sweet sticky rice, such as coconut custard, fresh coconut cream, and fresh mangoes.



Help note

Giving examples
You can introduce examples with:

like
for example
such as

B Choose a popular snack food or traditional dish in your country. Write an article about it for a food website. Include a photo if you can.

C **Class activity** Read your classmates' articles. Choose three to add to your website.