Reading Comprehension

Leer el texto y luego elegir la opción correcta

The brain will change all the time. This change is called neuroplasticity. The left side of the brain controls speech, reading, and writing. The right side can help with music, art, and emotions. The brain has two important parts called the hemispheres. The hemisphere on the left side helps us think clearly and solve problems. The hemisphere on the right helps us understand pictures and feelings. Neurons send messages in the brain. They carry information from one part of the brain to another. You must take care of your brain , you must rest and eat healthy food. You should also keep learning because your brain may grow stronger with practice. When you study, your brain can make new connections between neurons. This is how neuroplasticity works, and it will help you learn new things in the future.

Comprehension Questions

Elegir la respuesta correcta

1-What is neuroplasticity?
a) A type of food
b) The brain's ability to change
c) A part of the brain

2-What does the left side of the brain control?
a) Music and art
b) Speech, reading, and writing
c) Emotions and feelings

3-What can the right side of the brain help with?
a) Reading and writing
b) Music, art, and emotions
c) Solving problems

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4-What are neurons?
a) Brain cells that send messages
b) Parts of the mouth
c) Types of food for the brain

5-What do the cortexes do?
a) Help us move our legs
b) Help with thinking and feelings
c) Make us sleep

6-What must you do to take care of your brain?
a) Eat unhealthy food
b) Rest and eat healthy food
c) Stop learning

7-What should you do to make your brain stronger?
a) Keep learning
b) Watch TV all day
c) Sleep less

8-What may happen when you practice and learn new things?
a) Your brain may grow stronger
b) Your brain may stop working
c) Your brain will get tired quickly

9-What do neurons do in the brain?
a) Send messages from one part to another
b) Stop messages
c) Break the brain

10-What will neuroplasticity help you do?
a) Forget everything
b) Learn new things in the future
c) Stop thinking

LIVEWORKSHEETS